



ABOVE: Scripps Ranch High School high jumper Liz Tarczy clears the bar during competition at the Mt. Carmel Distance & Field Carnival on March 4. Tarczy won the event and was the top high jumper in the CIF-San Diego Section as of press time. (photo by Jim Wick)

FLYING FALCONS

Scripps Ranch High School (SRHS) has a large track and field team this year. It began the season competing in the Mt. Carmel Distance & Field Carnival on March 4, and Don Jones Bronco Invitational meet on March 11. The Falcons hosted Patrick Henry High on March 16. Then the team competed in the Elmer Runge Invitational on March 18 when the SRHS women placed second overall and the men placed third overall. SRHS hosted its Senior Night meet on March 23 at press time.



Scripps Ranch High School pole vaulter Merrick Stroschine flips upside-down after clearing the bar at the Mt. Carmel Distance & Field Carnival on March 4. (photo by Jim Wick)



Scripps Ranch High School Mock Trial Team prosecution attorneys were (from left) Jaclyn Macatee, Shivanshi Sharma and Jaeda O'Campo. (photo by Jim Wick)

ORDER IN THE COURT

By Kaila Mellos

The Scripps Ranch High School Mock Trial team prepared all year and was convincing enough to get to the championship round of competition.

The 18-person team headed to the San Diego Central Court-house to compete in the San Diego Mock Trial Championship round on Feb. 28.

"This is my 12th year doing it, and this is the most responsive, most engaged team I've ever seen because everyone, without exception, spent extra time and put in the effort, and we were so successful," said Kristin Rayder, one of the attorney coaches for the team.

Starting at the beginning of each school year, students audition for a spot on the team with a case.

"Students will choose which of the three roles they want to audition for," said SRHS prosecution attorney Shivanshi Sharma. "Based on that, Ms. Rayder and the co-presidents will

See **MOCK TRIAL**, Page 15



FOAM PARTY

READY, SET, GLOW! The Miramar Ranch Elementary School FFA held a "glow in the dark" foam party for school families on its campus March 17. Students enjoyed the foam, colorful lights, glow swag, snacks and music during this unique school celebration. The foam was provided by Foam Diego/Total Kids Magic. The FFA glow party committee included Rejhane Adams, Tammy Gaudreau, Manju Muralidharan and Katie Mandalia. (photo by Katie Mandalia)

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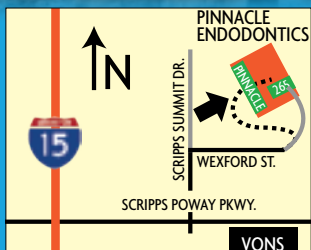
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SCRIPPS RANCH FIRE SAFE COUNCIL

Prepare for safety power shutoffs

By Karen Herreros

Be prepared for wildfire and public safety power shutoffs (PSPS). Some thoughts for staying informed and being prepared during PSPS.:

SDG&E continually monitors weather and other climate conditions to detect fire conditions. As a last resort, they may have to shut off power if dangerous conditions are present to help prevent a wildfire and keep you and your community safe. This is known as Public Safety Power Shutoff. While these events are more likely to occur in high-fire-risk areas, all San Diegans could be affected and should be prepared. SDG&E aims to send early notifications via phone calls, text alerts, email and other means before turning off power.

Whatever the circumstances, SDG&E will make every effort to communicate with you.

In order to do so: Update your contact information and/or sign up for outage notifications on SDGE.com/notifications or call 800-411-



The Scripps Ranch Fire Safe Council encourages residents to be prepared for wildfire and public safety power shutoffs.

7342.

Do you or someone in your home have a disability, use a device for health, safety or independence that requires electricity? If so, let SDG&E know. Download the PSPS app, Alerts by SDG&E, which is a free tool that puts outage information at your fingertips throughout a PSPS. Stay informed about power restoration efforts and esti-

mated time of restoration.

And, as always, prepare an emergency kit. During an emergency, every second counts. Careful planning can help keep you safe and reduce the stress of having to scramble for what you need.

Plan ahead and stay safe. *Scripps Ranch Fire Safe Council, srfiresafecouncil@gmail.com, srfiresafe@org, (858) 201-3711.*

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HISTORY OF THE SCRIPPS MIRAMAR RANCH LIBRARY

1974

Bookmobile Service to Scripps Ranch began

APR 1986

SRFOL formed

OCT 1986

Storefront library opened

SEPT 1991

Groundbreaking for "new" library

FEB 1992

Book Brigade

MAR 1993

Library and Book Nook opened

JUL 1993

Computer Lab opened

JUL 2007

Removated Book Nook renamed Grace's Book Nook

30 YEAR ANNIVERSARY

Library: a place to work, meet, learn

By John Gregory

The Scripps Miramar Ranch Library, which is now 30 years old, has evolved. It's not only a place to find books, but also a center of activities, community meetings – and a place to work, study and explore new technology.

"The Scripps Ranch Library is an integral part of the community. We host the Scripps Ranch Civic Association (meetings) and the Scripps Ranch Planning Group here," said Matt Beatty, library branch manager. "Libraries are a community meeting place for people. ... We have regular homework help (for students). We have a lot of family and senior events here, and events for adults."

There are story times for young children every Wednesday at 10 a.m. Fun & Games for Seniors are held twice each week; and there are several more activities held at the library regularly. Groups can sign up to schedule use of the various meeting rooms, and there is no cost as long as they do not



charge for attendance.

Beatty, who had years of previous professional experience at libraries in Philadelphia, Poway and Ocean Beach before taking the reins in Scripps Ranch, described many of the things the Scripps Miramar Ranch Library has to offer, as well as some of the trends he sees.

One interesting aspect that harkens back to the image of a library being a place where silence is the main rule is Beatty's observation that many use the library as a sanctuary in which to focus.

"In Scripps Ranch, an important function of the library is that people come here to be alone and work on things," he said. "We have an awful lot of people, everyday, who come in with their computers or other devices to do their work away ...

They seem to need to get out of their house to get their work done, and this is where they come. Sometimes we have 30 or 40 people spread across the library. Since this is such a large space, people can be alone and yet be in the building with a lot of other people."

Those wanting even more privacy can actually work from their vehicles parked in the two library lots.

"We have Wi-Fi outdoors, so people can do their work in their cars if they want. We have two Wi-Fi signals on when we are open facing each parking lot," Beatty said.

The outdoor courtyard is frequently used by people for teleconferencing and meetings, Beatty said.

One of the much-anticipated programs coming to the Scripps Miramar Ranch Library is the IDEA Lab, which will be a maker space in the former computer lab area next to the manager's room near the children's department, Beatty said. It's expected to be open in late spring or early summer.

The IDEA Lab will include

See LIBRARY, Page 4

SCRIPPS RANCH

NEWS

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This is a view of the Scripps Miramar Ranch Library on opening day: March 13, 1993. (courtesy of SRFOL)

LIBRARY

Continued from Page 3

a Silhouette Cameo machine, which is an electronic cutting tool that will be available for personal use. Another highlight will be a Glowforge laser cutting machine, which can “cut, score and edge materials like leather, wood or acrylic.”

The library will use the equipment for upcoming programs, and the staff will soon learn how to operate the equipment in the coming months, Beatty said.

Eventually, individuals will be able sign up to reserve a time to use the equipment.

“It turns out that, after the pandemic, we had fewer users for our public computers. People didn’t want to be in that small room, so we

spread the computers out and we found we needed fewer of them because most people have their own devices these days,” he said.

Even though the use of new technology is increasing, a main draw of the library remains the physical books, surviving the long-time rise of E-readers such as the Kindle.

“The books aren’t going away. It’s been shown that younger readers, people under 40, actually prefer paper books to electronic books,” Beatty said. “In Scripps Ranch, we have many families that come in and check out large numbers of children’s books. So, children’s books are still very popular here. I don’t think that’s going away.”

In addition to the books

that can be checked out, visitors to the library can purchase used books from Grace’s Book Nook at much lower cost than buying new books.

The library also has monthly book sales that benefit the Scripps Ranch Friends of the Library, which supports library programs including the new IDEA Lab. The sales are held the second Saturday of each month, Beatty said, and two much larger book sales are held during the course of each year.

“It’s one of the places you can buy affordable books,” Beatty said, adding that the used books for sale are especially helpful for local families that might struggle financially to buy new books.

Friends of the Library

The Scripps Ranch Friends of the Library (SRFOL) organization supports programs at the Scripps Miramar Ranch Library and raises funds to maintain the library. It was instrumental in guiding the creation of the library which opened 30 years ago. SRFOL helped ensure the local library had some firsts for San Diego City libraries when it was built.

Grace’s Book Nook: The SRFOL helped open Grace’s Book Nook, the used bookstore at the Scripps Miramar Ranch Library.

“Grace’s Book Nook was the first used bookstore in any public library in San Diego County – in the city or the county,” said Joan Reese, spokesperson for SRFOL. “It was the inspiration of Grace Roos, for whom it was named.”

Roos was the used book sales chair and coordinator before Scripps Ranch had a permanent library. She thought it would be great to have a permanent used bookstore instead of having to get all the books out of storage each time the group had a book sale. Used bookstores are now a permanent feature in every new library built in San Diego as of at least the past 10 years, Reese said. Funds from used book sales go toward SRFOL projects supporting the library.

IDEA Lab: Scripps Miramar Ranch Library had the first computer lab in any San Diego city library in July 1993. Now, there is not as much demand for the computer lab, but the space will soon be the location of the new IDEA Lab maker space. The library already offers the use of a 3D printer which members of the public may schedule to use by submitting their design request (link is at SRFOL.org). The printer and materials are mostly funded by the SRFOL with some funds coming from the City. Two high-tech cutting machines will be available as soon as the lab opens later this spring or in the summer.

“We are in the process of adding some additional machines that people can use to make things. There are a bunch of different options,” Reese said.

After three decades, the library is showing its age, Reese said. Concerns include replacing carpeting, roof replacement or patching, and replacement of the fire suppression system. It is hoped that these repairs can be done about the same time as when the expansion of the parking lot gets underway, which might occur this summer. Visit srfol.org.

ADVERTORIAL

CycleBar Scripps Ranch – Premium Indoor Cycling Studio opens

Are you looking for an exciting and effective workout that will help you achieve your fitness goals? Look no further than CycleBar Scripps Ranch! Our brand-new studio is opening in April 2023 to help you push your limits and achieve your best.

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CycleBar Scripps Ranch is opening in April at 9860 Hibert St., Suite C3.

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workout to your fitness level and goals.

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and build friendships. Our studio is a place where you can challenge yourself, have fun and feel supported along the way.

We offer a variety of class packages to fit your budget and schedule, so you can find the perfect plan to meet your needs.

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(858) 218-6191

Kiwanis event: Not just another rummage sale

By Jill Alexander

Head over to the Scripps Ranch Kiwanis Club Rummage Sale on April 22 from 8:30 a.m. to 1:30 p.m. in the Jerabek Elementary School parking lot located at 10050 Avenida Magnifica.

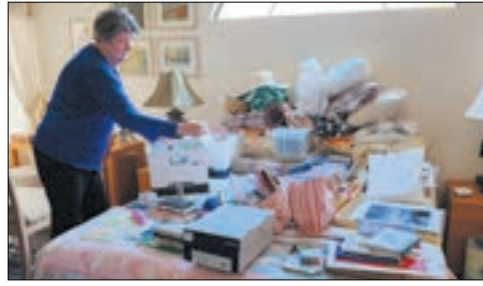
Once there, you will be able to unearth such treasures as housewares, clothing, tools, CDs, electronics and who knows what else.

Additionally, there will be a baked goods sale that should rival any others you have been to, Scripps Ranch Kiwanis Chapter Secretary Mary Beth Klauer said.

“We have some first-class bakers in the group, and they will be presenting wonderful goodies at the rummage sale. All funds from both events are going toward community projects,” she said.

Kiwanis is an international service club that focuses on children, so the club tries to hold activities and events that are helpful to children.

Some of the community projects in the past have included the “Little Libraries Project” in which the group built 11 small book stands and installed them in the communities of Scripps Ranch, Poway, Pacific Beach, and City Heights. Each is a work of art featuring different designs and decorations, hand built by members and non-members. Each library has been stocked with children’s books and allows anyone from the community to



Scripps Ranch Kiwanis Chapter Secretary Mary Beth Klauer prepares items for the upcoming rummage sale scheduled for April 22 at Jerabek Elementary School. (photo courtesy Mary Beth Klauer)

borrow a book.

Other projects include:

- A food drive for the San Diego Food Bank, and partnering with Habitat for Humanity building playhouses.
- A collaborative partnership with Your Safe Place, a family justice center downtown.
- Student of the Month at Jerabek Elementary School in which a fifth-grade student is honored for their citizenship as recommended by their teacher.

The Scripps Ranch Kiwanis Chapter also sponsors and supports high school Key Clubs in Scripps Ranch and Mira Mesa, which are part of Kiwanis programs.

“These are social clubs that do projects and teach the young people about collaborative work in the community and collaborative projects,” Klauer said. “Laurels for Leaders is another very important project, too, as every San Diego Kiwanis chapter does this and honors associate student body presidents. They

get awards and do workshops about leadership, financial issues and things they will run into as adults.”

Both are popular with kids, Klauer said, and “these students are really into it and on fire.”

“It’s nice seeing an interest in these programs as so many students are getting involved,” she said. “I think because when they go to college they have to show they are doing community projects and leadership – it’s all about being good leaders in the community.”

Scripps Ranch Kiwanis also aids Just in Time for foster youth, another popular organization, Klauer said.

“When they time out of foster youth, they need everything from an apartment and suitcases to clothing,” she said. “They will have independent living and nobody to help them. This is a good program, and we help in San Diego and did a big Christmas project with them.”

Klauer said the chapter will continue performing community service throughout the year. Anyone who is interested in becoming a member of this busy chapter or wants to donate, or has questions about the upcoming rummage sale may contact President Craig Bratlien at craigrbratlien@gmail.com.

The Scripps Ranch Kiwanis Chapter has almost 30 members and is accepting new members.

“The chapter is always busy with one project or another, but it isn’t just about work, work, work,” Klauer said. “We also have plenty of fun.”

SCRIPPS RANCH



Farmer’s Market special Easter event

Bring your family for a special Easter celebration at the Scripps Ranch Farmer’s Market on Thursday, April 6, 3:30 to 7:30 p.m. at 10045 Carroll Canyon Road. Take a picture with the giant bunny. There will be face painting, balloon art and live music. As usual, there will be a selection of unique handmade items, food from around the world, fresh produce, bakery sweets, packaged truffles and more.



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SUSTAINABLE SCRIPPS RANCH

Garden Share: share experience in growing plants

By Suha Chari
Sustainable Scripps Ranch



The Scripps Ranch Garden Share began in June of 2012, with folks meeting under a gazebo in our Community Park on Blue Cypress Drive. It was a sincere effort to meet neighbors and connect with the community, and in the last 10+ years, that goal has been well served.

The Garden Share was a meeting place for like-minded people to share their experience in growing a variety of plants, herbs and trees; freely giving and receiving samplings of nature's bounty from one another. This naturally led to

better understanding of the growing process, while also forging new relationships among neighbors who had never met before. We once had more grapes than we could consume; and often enjoy various seasonal fruits and veggies.

It has also been about passing on things we no longer need or use, like books, clothes, greeting cards, pots and anything others may be looking for. All this has made for a joyous place of belonging.

Thinking about and trying to live sustainably was almost a by-product of this growing community.

We met once a month either in the park or at our community center. On sunny days, we set up our wares on the tables outside, but when the weather was challenging, there was always room inside the community center for us to set up chairs and tables for whatever we brought to share. The best times were intimate gatherings at a home, amidst the lush greenery, flowers and fruit.

Some of our events include an all-day Permaculture Workshop given by Alden Hough, watching and discussing videos of the "Story of Stuff" by Annie Leonard;

hearing all about bees by our own Denise; a movie on zero waste as practiced in San Francisco; and many more. We have had an Indian Dosa making party; enjoyed tea and home-made juice and snacks; learned to string flowers together; and make cookies and pizza in a solar oven.

This community of close knit friends now opens its arms to include any and all who care to join us. On March 18, we shifted to the Scripps Miramar Ranch Library, and handed over our reins to the librarian who will, henceforth, man-

See **GARDEN SHARE**, Page 7

ADVERTORIAL

For any occasion, Addy's Bistro can serve it up

An ideal and conveniently located eatery, Addy's Bistro is located in south Poway at 13771 Danielson St. Tucked away and flanked by office buildings and production facilities, the charming Bistro is unexpected and welcoming, serving upscale breakfast and lunch dishes seven days a week.

The in-house soups and delectable pastries from the fresh-bake case complement the meals and specials. The signature Turkey Apple Brie is a crunchy, gooey delight that is both nutritious and delicious.

Order envy does not exist here due to the extensive menu offerings that cater to all tastes. If you've been here before, you should return soon to try the new menu. Two of the new dishes are the Grilled Salmon Salad and the Thai Noodle Salad with Shrimp. For breakfast, you must try the Crepes, sweet or savory style, or the Steak Burrito.

Ask your server about the wine and beer menu, too. Addy's boasts a diverse retail wine selection that is also easy on the wallet.

Take the time to look through the jams, jellies and caramels that started it all for the owner, Denise M.C. Stein. The Bistro's origin story is inspiring, as she began her business with jams and jellies.

Several menu items include jams, chutneys and seasonings for you to try before you buy. The Monte Cristo Sandwich and the Teriyaki Bowl are both excellent



Addy's Bistro serves delish, comforting food and treats in a cozy, warm atmosphere close to Scripps Ranch. Wine Down Wednesday menu and wine pairings pictured here.

choices. Regardless, the jam and caramel business evolved into the Bistro that it is today, with the emphasis on sharing food inspired by family traditions and creating new ones.

Addy's can handle the headache of catering your event

Do you have any upcoming events that require catering? Denise enjoys collaborating with customers to provide guests at your next event with an unforgettable experience. She takes a consultative approach to creating menus that are focused on dietary needs, seasonal fruits and vegetables, and other factors. Whether you're catering a seven course extra-

vaganza or a custom quality birthday cake, Denise and the talented team at Addy's can provide anything.

Addy's Bistro is also a trusted venue for hosting events! It is available after regular business hours, and even more convenient with the catering service.

Call right away to find out how they can relieve the burden of menu planning and venue selection, to turn your vision into a reality.

Cooking Class is informative and fun!

Another initiative run from the Bistro is Denise's intimate cooking classes. Spend an evening learning to cook something new in a pro-

fessional kitchen on the first Monday of each month. Past participants have raved about the class, especially because after the lesson, they can sit down to eat the meal they prepared together. To round out the dining experience, a carefully curated wine list is available to enjoy and purchase for your next dinner party. Because space is limited, we advise you to reserve your spot as soon as possible. Subscribe to their weekly newsletter or visit their Event Calendar on their website – www.addys.com – to stay up to date on announcements

Wine Down Wednesday is a big hit!

To overcome the midweek slump, look to Addy's Bistro for Wine Down Wednesday. Guests enjoy a set meal of tasty plates and wine samples from 4:30 to 8 p.m. James King, the restaurant's resident wine concierge, works with Denise to curate a featured wine list that has a menu that pairs with every selection. James stays on hand to help patrons navigate this wonderful dining experience. And again, due to limited seating, reservations are advised. Call right away to reserve a table!

Weekend Brunch with Zero Waits

Time for a new Brunch spot? Give Addy's a go for weekend brunch. The Bistro is open from 8 a.m. to 2 p.m. on the weekend, and breakfast items are available all day. The fantastic and reasonably priced Mimosa

Flight and the weekend special, Eggs Benedict, are both crowd pleasers.

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Order ahead and use the "Order Now" button on the website, www.addys.com. Prepay online, and food will be ready when you arrive. Park in one of the three 5-minute to-go spots, and call (858) 883-4556 for the friendly staff to bring your order to you. Find Addy's on GrubHub or Uber Eats for fast delivery.

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Rotary Club assists youth program

Members of the Rotary Club of Poway-Scripps bought loads of cleaning supplies and products to help stock the Poway Unified School District's Youth in Transition Program. The program serves almost 200 students who are underserved or homeless. The items will be added to "grab and go" bags that students and families are given to help with their needs.

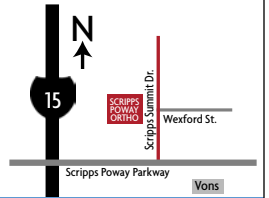


Pictured from left are Sumedh Bahl, Pinto Ng Zhao, Aaron Muther, Karen Herreros, Teha Eliassen and Dave Parker.

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GARDEN CLUB

Plants flourish among friends

By Denise Stewart

At the Scripps-Mesa Garden Club meeting, Master Gardener Shital Parikh shared her experience with growing a robust garden for more than 20 years right here in Scripps Ranch.

Hearing about her success with companion planting and crop rotation and how they maximized the yield of her garden while managing pests and increasing soil nutrients was an enlightening presentation.

Planting certain vegetables together makes for a better crop, according to Shital. Rotating the location of plant families around the garden when done across a sequence of growing seasons makes for more abundant crops and richer soil, she said.

Garden Club members meet at the Scripps Miramar Ranch Library Community Room most months on the fourth Tuesday evening at 6 p.m. There is usually a short business



meeting, then a talk by an experienced gardener, followed by a plant share. Some meetings feature a garden tour. Two gardeners' crop celebration potlucks are also held each year.

For more news about the club and gardening information, check the website scrippsmesagardenclub.com.

Currently, the members are collecting photos of the abundant array of wildflowers that this rainy season has given us. The photos are being posted on the website.

GARDEN SHARE

Continued from Page 6

age the invitations and flyers for the events. The seed library there has a catalog of seeds that can be easily accessed and used. We trust that this community will make the best use of this opportunity, and look

forward to meeting and sharing everything with those who live and grow here.

Upcoming event:

On April 15, at 1:30 p.m., Denise Bienias will tell us all about bees and perhaps even show us some of their behavior. This will also be

in the Community Room at the Scripps Miramar Ranch Library.

Sustainable Scripps Ranch is a standing committee of the Scripps Ranch Civic Association. To learn more about Sustainable Scripps Ranch, visit scrippsranch.org/ssr or email SustainableSR@scrippsranch.org.

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SCRIPPS RANCH WELCOME CLUB

From Irish jigs to Zydeco

By Denise Stewart

It was a cultural banquet this month for Scripps Ranch Welcome Club members. Club President Starlene Dahl and her partner Brad Wettlaufer danced the Zydeco and shared the music of the Creole culture at the Welcome Club's regular monthly meeting.

Many of those attending joined the couple dancing and learning the steps to Louisiana's energetic music. During the meeting's social time, to everybody's delight, pastries from that tasty part of the U.S. were served.

St. Patrick's Day was celebrated at a Coffee at

Lynn Owens' home. Lots of traditional Irish specialties along with the friendly chat over a cuppa made the day.

Another Coffee will be coming up in April when Kate Schaap does the hosting.

The Gadabouts group enjoyed a lunch gathering at a UTC favorite restaurant. After their meal at Seasons 52, the lure of the retail stores initiated lots of spring shopping experiences. A pre-theatre potluck and viewing of Scripps Ranch Theatre's presentation of "Neat" will be a major event in April. Bev Macho is organizing that special evening for the group.

Next month, at the regular second Monday meeting at the Community Center, a talk is scheduled on the activities of Sustainable Scripps Ranch. Practices for protecting the health and beauty of our community will be the topic.

While culinary events are often a part of Welcome Club's schedule, it is also the regular gathering of friends for trail walks, card and Bunco games, and book club discussions, that make the club's calendar one to be enjoyed.

For more information and an invitation to join the fun and friendship, check out the club's website scrippsranchwelcomeclub.com.

Jazz trio will perform

The "Pleasure of Your Company" music series will feature a high energy jazz trio comprised of award-winning musicians flutist Lori Bell, pianist John Opferkuch and guitarist/vocalist Ron Satterfield on Sunday, April 16, at 2:30 p.m. in the Scripps Miramar Ranch Library Center.

Known for their original approach to jazz standards, Brazilian and original compositions, the trio will explore a plethora of grooves from samba, to swing, fusion, jazz modal and more.

There is no charge for the concert, which is sponsored by the Scripps Ranch Friends of the Library, although donations are appreciated. Masks may be required for all audience members regardless of immunization status. Scripps Miramar Ranch Library Center is located at 10301 Scripps Lake Drive near Miramar Lake. Overflow parking is available on Meanley Drive off Scripps Ranch Boulevard. Visit www.srfol.org or call (858) 538-8158 for information.

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Content Advisory: Neat deals with issues related to the civil rights era, police violence, and the treatment of those with cognitive impairments. A seizure is depicted on stage.

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LEISURE

J FLAMEZ BBQ: Not your dad's tacos

By Jill Alexander

If you're tired of the usual tacos, maybe it's time to try a more health-conscious version.

Meet James Rueles, the owner and founder of J FLAMEZ BBQ, who has a booth at the Scripps Ranch Farmer's Market on Thursdays.

Rueles, who was raised in Baja, started J FLAMEZ BBQ about three months ago with his wife Carmen, who runs the business side.

"I have been talking about having a food business for many years and have a fiery passion for it. The first-day selling tacos, I sold out in three hours," he said. "I'm doing this full time and gave up my job of 18 years in construction – and putting in my all. It's getting there."

Rueles has been grilling meats with a wood fire vs. just a flat iron, that he said, "loses its flavor," since he was a teenager.

"The grill is the chef that cooks it. I'm just the artist who places the ingredients to my liking with a fiery passion burning inside me from start to finish. Since I



James Rueles, the owner and founder of J FLAMEZ BBQ, creates out of this world tacos at the Scripps Ranch Farmer's Market. (courtesy photo)

started, I've had countless people tell me it was the best taco they've ever had in their life," he said. "As long as my customers are happy, I will continue this line of work. This is my first job as a cook, ever."

These aren't tacos with crispy shells, but hipper and healthier for you.

"My thing is 'smoky tacos,' and I create them on an oak wood fire with freshly grilled meats and fire-roasted salsas," said the father of three.

"The one and only oak wood fire, skirt steak taco in town. It's a real show to watch."

What makes him so enamored with barbecue fare?

"There's something about food that's made with a wood fire that sparks a fire of life inside my soul," he said. "Barbecue brings people together and wakes up all the senses within us. It sets off a positive energy that brings everyone to the same table to share expressive thoughts and a happy tummy, which

every human should experience on this floating rock every day."

Rueles likes the Scripps Ranch Farmer's market because "The energy at this market is very positive and healing. From all the vendors doing what they enjoy, Bev (market manager Bev Cassity) creates a killer time that lures people in with great smells and happy faces."

Rueles hopes to someday have an outdoor open-style Baja/rustic feel in the kitchen with a nature garden/preserve to plant organic veggies.

"I want to create food consciousness with ancestral cooking methods to create healing tacos. It would also be an opportunity for me to give back to the community by having free cooking classes for kids and teach them how to make hand-made tortillas and create their idea of a great taco," he said.

Visit J FLAMEZ BBQ's booth at the Scripps Ranch Farmer's Market, held from 3:30 to 7:30 p.m. each Thursday at 10045 Carroll Canyon Road.

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Student honored for test performance

Mihir Majeti has been honored as one of the brightest students in the world by the Johns Hopkins Center for Talented Youth (CTY).

Majeti, a sixth grade student at Marshall Middle School, was honored for exceptional performance on assessment tests taken as part of the CTY Talent Search. CTY uses above-grade-level testing to identify advanced students from around the world and provide a clear picture of their academic abilities.

Majeti was one of more than 15,300 students from 76 countries who joined CTY in the 2021-22 Talent Search year. Less than 27 percent of those participants qualified for the CTY ceremony, receiving either high or grand honors based on their test scores.

This was CTY's second virtual ceremony. Honorees' family and friends from around the world joined the celebration.

Majeti described some of the activities that helped him attain such high scores.

"The SCAT (School and College Ability Test) I took consists of a verbal and a



Mihir Majeti displays his medal and certificate from the Johns Hopkins Center for Talented Youth. (courtesy photo)

quantitative section. I love reading ... and solving challenging math problems, both of which I believe were key to my success in the test," he said.

Besides his love of reading, Majeti enjoys math and music. He plays trumpet in Marshall Middle School's Intermediate Symphony Orchestra and hopes to continue playing through high school and beyond. His hobbies include solving speed cubes and playing FIFA mobile.

He has been on national honor rolls, and has won medals and team trophies in various math competi-

tions (Noetic Math, MOEMS, Math Kangaroo, Beestar Math, etc.) since the first grade. He also competes in speed cube solving competitions conducted by the World Cubing Association.

He said he has explored playing various sports including soccer, tennis and cricket, and may go back to playing soccer again.

While Majeti has not completely decided about his future plans, he said that he hopes to attend an Ivy League school and may study law.

He offered a bit of advice for anyone seeking to achieve their goals: "Follow your passion and never give up," he said.

CTY's executive director Dr. Amy Shelton congratulated the honorees for their outstanding achievement.

"This is not just recognition of our students' success on one test, but a salute to their love of discovery and learning, and all the knowledge they have accumulated in their young lives so far," Shelton said. "It is exciting to think about all the ways in which they will use that potential to discover their passions, engage in rewarding and enriching experiences, and achieve remarkable things – in their communities and in the world."

Honorees also qualified for CTY's Online and On-Campus Summer Programs. CTY offers more than 250 online courses for advanced students grades 2-12 in subjects including mathematics, computer programming, chemistry, physics, reading and writing. CTY will also host two on-campus summer course sessions at sites across the U.S. this year, including Johns Hopkins University, Loyola Marymount University and University of California, Santa Cruz.

CTY is a 501(c)(3) non-profit academic center of the Johns Hopkins University. CTY identifies and develops academically talented students in grades 2-12 and supports their growth through accredited, advanced online and on-campus courses, student support services, and research.

The CTY community includes students, alumni and donors from across the U.S. and 75 countries worldwide. The CTY welcomes bright students from all backgrounds, regardless of race, culture, gender identity and expression, twice exceptionality, or income level. Visit cty.jhu.edu.



FOAM FUN: Maci and Evan Mandalia celebrate the sheer joy of playing in oceans of foam while colored lighting illuminates the fun experience during the Ready, Set, Glow "glow in the dark" foam party at Miramar Ranch Elementary School on March 17. (photo by Katie Mandalia)



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DINGEMAN HONOR CHOIR: The Dingeman Elementary School Honor Choir, directed by Garner Sagull, participated in the San Diego Unified School District Visual and Performing Arts (VAPA) District Choral Showcase on Feb. 23 at Patrick Henry High School. The event featured eight choirs from throughout the district. (photo by Lisa Shadburn)



Sylvia Ferrer-McGrade (far right) of the Scripps Ranch Women's Athletic Club celebrates the 2022 SRWAC Scholarship winners: (from left) Olivia Pennington, Halle Fernandez, Melanie Spitzberg, Anastasia Egouline and Alyson Turfler. All 2023 graduating female senior high school athletes residing in Scripps Ranch are encouraged to apply for scholarships from the SR Women's Athletic Club. (courtesy photo)

SRHS on list for VAPA funds

The VAPA Foundation, whose mission is to increase access to and enhance the quality of arts education in the San Diego Unified School District (SDUSD), has begun its Community Engaged Mural (CEM) program.

This year, seven San Diego Unified Schools were selected, including Scripps Ranch High School.

The CEM program provides funding for materials and training to engage, organize and lead diverse groups of school community members in designing and painting murals at their schools.

The objective of the program is to build the capacity of leadership and engagement among diverse school communities through the arts. Each selected school has three team leaders, which can range from students, parents, teachers, staff or community members. The team leaders will receive virtual and physical training in which they will learn strategies for engaging, organizing and leading a diverse group of school community members in collaboratively designing and painting a public mural at their school.

Additionally, each school will receive \$500 that can be funded toward materials such as paint, brushes, tarps and more. The teams will also use VAPA's loanable tools including ladders, bristle brushes, a drop cloth, a digital projector and a shade canopy.

When the mural is complete in May, VAPA will support the sharing of a public unveiling of the finished mural within and beyond the school community.

For more information about the VAPA Foundation, visit: vapafoundation.org. For more information on the CEM program, visit: vapafoundation.org/ce-funding.

The VAPA Foundation is

a San Diego nonprofit organization whose mission is to increase access to and enhance the quality of arts education in the San Diego Unified School District. The VAPA Foundation believes that an education infused with the arts transforms the lives of young people. By using data, VAPA targets its programs to schools that demonstrate the most need. VAPA often collaborates with local artists and organizations to bridge the gap between them and SDUSD through its programs.

SRWAC scholarships available

The Scripps Ranch Women's Athletic Club (SRWAC) offers a variety of sports for adult women including basketball, soccer and co-ed softball. SRWAC is committed to giving back to the community by sponsoring elementary and high school sports teams, Concerts in the Park, and contributing

to renovations to local sports fields.

The most noted sponsorships are the scholarships that SRWAC provides to female graduating senior athletes.

Applicants must reside in the 92131 neighborhood and complete an application describing their participation and leadership in athletics,

community service, as well as maintain a 3.0 grade point average.

All eligible applicants are welcome to apply on the SRWAC website www.srwac.org. Deadline is May 1, 2023.

—**Sylvia Ferrer-McGrade**
Scholarship Chair
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Student accepted to prestigious program

San Diego resident Frankie Kelly, a sophomore quantitative economics major at Dickinson College in Carlisle, Pennsylvania, has been accepted to study at Oxford University in England through its Mansfield College Visiting Student Programme (VSP) for the 2023-24 academic year. Kelly is a graduate of Scripps Ranch High School.

Dickinson established a partnership with the VSP in 2012 as part of a broader initiative to expand global opportunities for Dickinson's most engaged and academically accomplished students. The rigorous on-campus selection process considers only students with a minimum 3.7 GPA and involves in-person interviews and an in-depth personal essay.

Kelly is the daughter of Peter Kelly and Jacqueline Perez of San Diego.

New info website opens for students

The San Diego Unified School District (SDUSD) recently launched a new Student Engagement Site specifically for students: sites.google.com/sandi.net/sdusd-students.

This site was created by student engagement intern Lorena Ford, a 2022 graduate of Scripps Ranch High School.

The site was created to centralize and showcase relevant opportunities for SDUSD students, including student organizations, district news, scholarship opportunities and mental-health resources. It was intended to help bridge the gap between district to student communication, increase student engagement and empower students throughout the district.

The site will also include opportunities to nominate students to be featured on the Students in Action page.

Lea Nepomuceno, one of two student members of the San Diego Unified Board of Trustees this term, recently sent out an email announcement to all SDUSD students and their parents explaining the purpose of the Student Engagement Site and introduced the new SDUSD Students Newsletter. Nepomuceno is a senior attending Scripps Ranch High School.

The new student-focused district Instagram page will also share resources, opportunities and information for students grades 9-12.

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The Scripps Ranch High School Mock Trial Team captured second place after competing in the San Diego Mock Trial Championship round on Feb. 28. (photo by Jim Wick)

MOCK TRIAL

Continued from Page 1

put people in certain roles. Sometimes you don't necessarily get the role you audition for but have the option of a challenging ... The challenging is if you think that you can do a better job than somebody else on the team – you can challenge for their spot."

Once the team is put together, they prepare with hours of practicing the case they were given at the beginning of the year by the San Diego Mock Trial committee.

"We get a case packet every year, which has all the information in it," Sharma said. "This year, it was a battery causing serious bodily harm and robbery case, as well as a lesser included larceny charge. This was a cruise ship setting, and we argued that the defendant stole from the victim and, in the process, hurt her arm and broke it."

Scrimmages took place throughout the year and the results helped rank each school, which leads to competitions.

"We scrimmaged five times this year against five differ-

ent schools. We pick schools that are mostly pretty competitive with us," Rayder said. "But then after, when the competition starts, there are four rounds, two for prosecution and two for defense."

After the scrimmages, the Scripps Ranch High team was ranked in a high position.

"The first four rounds, we were the only undefeated school, and we were first," Rayder said. "They have the top four teams compete in a semi-final round. We then won our semi-final round and competed against Westview in the championship round in the courthouse."

With the championship round against Westview, Scripps Ranch High was ready for a battle to the finish.

"We were all feeling pretty good going into it, especially against Westview. We scrimmaged them early on, and it wasn't pretty," said Matthew Shultz, a prosecution witness for the team. "But also, a lot of us were feeling nervous because we know Westview is one of the more competitive top schools. I know I was very nervous. I was like sweating

going into that courthouse."

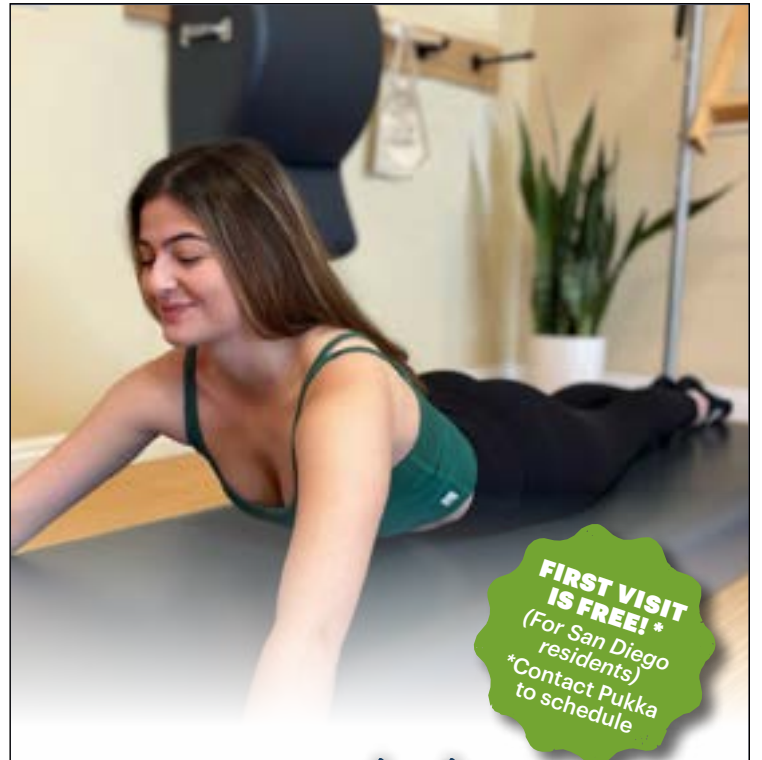
The Scripps Ranch Mock Trial team returned with second place at the championship and a second place ranking overall, along with multiple student MVP awards for Shivanshi Sharma and Lea Nepomuceno and an award for outstanding defense pretrial motion attorney award going to Fanna Seman.

Scripps Ranch High was the only undefeated school before taking second place in a close final round.

"Regardless of what happened, I'm very proud of this team," Rayder said. "This is the furthest we've gone in five years."

The team hopes that more students will want to audition and be part of the mock trial team after such an amazing year.

"A lot of people think that you have only to be interested in the law, but I feel like this is a club that helps with everything," said Quinton Baldis, SRHS defense attorney. "It helps with your confidence, public speaking and presence. So overall, even if you're not interested in going into the field of law, I think it's a great club to join."



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Good Friday, April 7, 12:00 pm, 7:00 pm
Easter Vigil, April 8, 8:00 pm
Easter Sunday, April 9, 7:00 am, 9:00 am, 11:00 am

SCRIPPS RANCH

SPORTS

Yes, women soccer leagues exist

By Kaila Mellos

The San Diego Women's Soccer League offers an opportunity for women 40 and older, beginner or intermediate, to play the game recreationally in Scripps Ranch.

Brandi Mitchell, the founder of San Diego Soccer Women and a league player, didn't know until right before she was 40 that there were opportunities so close to home to play soccer.

"I first started playing adult soccer back when I was about 27 after I had two kids and found out there was soccer in this area for women, which I hadn't realized in my early twenties," Mitchell said. "Poway is where that big league was taking place, and it took a while of playing there before I realized that Scripps Ranch had soccer leagues going, and I needed to turn 40 to join it."

There are adult women's soccer leagues all over the county that range from age 25-plus to 80-plus. But most who want to play the sport are unaware of the multiple



opportunities from Scripps Ranch to Oceanside.

"I started San Diego Soccer Women, a website to list out the leagues and make sure women knew about them because I figured if I was having the problem that I didn't realize soccer was available for women - other women had it too," Mitchell said.

The San Diego Women's Soccer League plays games in Scripps Ranch throughout every season and also plays to regulation.

"We play outdoors, usually at Sycamore Canyon Park in Stonebridge. We play on the

grass fields 11-v-11, so full size with FIFA regulations," Mitchell said. "We generally play 45-minute halves with our halftime. We also try to have three referees for the games."

During spring, fall and winter, there are only usually four teams that play. But in summer, there is a bigger draw for the sport to be played recreationally, and usually eight teams form in Scripps Ranch.

Mitchell noticed that, from organizing all the leagues on her website, there are so many different reasons that

women might want to play soccer.

"There's so much soccer, and a full range of women wanting to play with or without experience. They might want to play casually and may not be totally committed. But, for those who are more committed, we have tournaments nationwide. Some are local and some are up in Orange County, while others are in Las Vegas," she said.

Some Scripps Ranch players have been part of the tournaments that have been nationwide. Jany Staley is a long-time Scripps Ranch resident and is also the one in charge of the Scripps Ranch league. She is 80 years old and plays in multiple leagues around the county. This month she had the opportunity to play in the annual women's tournament in Hawaii on an age 70-plus team.

Mitchell hopes to see more attention for the Scripps Ranch league and all the other leagues around the county.

"I think women who either never had a chance to play in whatever age group they were in who want to learn to play, women who played a little bit as a kid and want to get back into it, or women who played all the way through college, there's so much interest in getting back into it from what I have observed, and I hope to see more attention to the leagues," Mitchell said.

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Mustangs are V-ball champs!

The Marshall Middle School Mustangs boys volleyball team captured the San Diego Unified School District Western Division Championship by defeating Pershing in the Championship game. The team completed a fun and exciting season with this championship victory. William Bishop was the coach of this winning team. The second-seeded Mustangs first defeated seventh-seeded Wangenheim, then sixth-seeded Bethune before the Championship victory against fourth-seeded Pershing.



A January meeting of the Scripps Ranch Women's Athletic Club board included (back row, from left) Erin Rowland, Lindsey Whitley, Jenn Hays, Pam Krnjaich, Jennifer Schumacher and (front row, from left) Ann Marie Gallagher, Sylvia McGrade, Kim Byrnes and Mary Lawler. (SRWAC photo)



Members of The Fireballs co-ed softball team pose for a team picture at the last game of the 2022 season. (SRWAC photo)

SRWAC offers sports and comradery for women

By Patricia Overton

Not only does the Scripps Ranch Women's Athletic Club (SRWAC) offer recreational sports leagues and activities for women 25 years old and older, it also emphasizes giving back to the community, which has become a fundamental part of the club.

The organization has been providing an athletic outlet for women since the 1980s. What started off as more of a social club for wives, has since developed into a multi-layered athletic club, with a growing number of members joining every year.

SRWAC is a nonprofit organization that sponsors fundraisers for local school sporting events, invests in various types of field renovations and, most importantly, rewards scholarships every year to female senior high school athletes living in the Scripps Ranch area. The scholarships have become a local tradition and is quite an honorable award given, helping many young women entering college – inspiring future generations of young women who are involved in sports.

With an increase in members and women wanting to participate, social events have decreased due to the lack of support from the city, making it challenging for the organization to hold social events the way it used to. The primary issue is that event insurance costs and liability risks are becoming too expensive. Some other concerns have been not being able to find recreational fields to play on as well as a lack of funding from the city.

"We can't afford to insure events anymore as we used to since the City has taken away all of our funding. The City's decision to allocate fields has negatively affected

the organization and others in the area, yet we still continue to grow and accommodate everyone who is interested," said Mary Lawler, president of SRWAC.

Although there have been some bumpy roads along the way, the organization keeps thriving by finding ways to bring the community together, with fun sports events and various outings such as trivia nights.

"We have co-ed softball in the summer months and it's flourishing like no other. The soccer is huge. We've doubled

it this year post-COVID and we are up to almost 60 players," Lawler said.

SRWAC offers basketball, soccer, co-ed softball, and soon – pickleball. Every level is welcome to join, whether you are an ex-college or high school player, or just starting a sport.

"The thing that is great is that somebody who you played against in one season, they're now on your team in the next season. So, every season everybody is mixed up, so it's nice. You meet everybody, you get to know ev-

erybody. Then the abilities can be balanced out, too, because some people played in college and they are pretty good," said Sylvia Ferrer-McGrade, scholarship coordinator for the organization. "I joined, I played a tiny bit of basketball in high school, but I learned more and everybody kind of just puts their arm around you and moves you along. So, that has been really fun."

SRWAC is an organization in which women can come together, play sports and make friends, all while hav-

ing an enjoyable experience – which is what this organization is all about.

Spring basketball registration is opening soon. Currently, games are being held at the Scripps Ranch Recreation Center gymnasium on Mondays from 6 to 7 p.m. Winter/spring soccer registration is now open, and games are being held at Sycamore Canyon Park on Wednesdays from 7 to 8 p.m. Registration for summer co-ed softball opens in May.

For more information, visit srwac.org.

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SRHS baseball team is off and running

By Hector Trujillo

With a third of the season in the books, the Scripps Ranch High School varsity baseball team started off on the right foot hoping to continue strong with most of the 2023 schedule still to be played.

The Falcons kicked off the season with three straight wins starting with the opener versus Point Loma on March 4, followed by victories over Torrey Pines High School and Patrick Henry High School, which included two shutout performances during that span.

“(It’s a) talented team up and down the roster,” said head baseball coach Chris Lamb. “Expect to compete in every game. Solid pitching with a chance for a fun and exciting offense.”

Scripps Ranch did not suffer a loss until its fourth game of the season versus Francis Parker by a score of 3-2 on March 13 thanks to a walk-off single in the eighth inning for the Lancers.

The Falcons’ expected success the rest of the season will undoubtedly come thanks to the experience and chemistry that the team has already developed.

“Really good split of juniors and seniors, so most of these guys have been on this stage before,” Lamb said. “Nothing will surprise us. The energy has been really good at practices and the players are working extremely hard to make the school and community proud.”

Senior pitcher John Folkl has already committed to play collegiate baseball at the University of La Verne, while senior infielder Jona Dawson has committed to play his college ball at Cal Lutheran University – with more commitments expected as the season continues.

Other players who are having a major impact in 2023 include Ryan Ham, Jordan Green, Liam Hunter, Alex Seiff and Noah Kindem.

“Our league games are always important, with the first series against Christian being the big one,” Lamb said.

That three-game series will take place starting on April 10 with the first and third matches being on the road.

The Falcons then travel for another three-game series – this time versus Coronado High School starting on April 17, with the final two being at home before taking on

See **BASEBALL**, Page 19



SRHS senior Alex Seiff races to first base during a 3-1 victory over Torrey Pines High on March 7. (photo by Jim Wick)



Kyle Farrow executes a bunt against Torrey Pines High on March 7. (photo by Jim Wick)

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SRHS senior Calvin Anderson draws a crowd as he heads toward the Poway High goal during a 5-8 loss on March 8. (photo by Jim Wick)

Lacrosse team has high aspirations

By Hector Trujillo

After a solid start to the 2023 season that saw the Scripps Ranch High School varsity lacrosse team win three of its first four games, the Falcons now enter the second half of the season with plans for redemption on how they finished last season.

“The varsity team is healthy overall and they’re putting in the work,” said head coach Bo Francy. “There’s a different energy this year. There’s a willingness to learn, along with a willingness to put in the extra work in order to become better.”

Scripps Ranch High opened up the season with a dramatic 6-5 road victory over Carlsbad High School on Feb. 28, and followed that up with a more dominant 9-5 win at Mt. Carmel High School on March 3.

The Falcons suffered their first loss five days later against Poway High School by a score of 8-5, but were able to bounce back on March 10 with a resounding 16-9 victory versus Westview High School.

“No one is trying to be a hero this year,” Francy said. “Everyone is coming together as one to become a better overall team. Last year they had a really good squad, we just made some minor modifications that coach Blake (Champoux) and I felt would benefit the boys more and, so far, it has been successful.”

In the final 10 remaining



SRHS senior Brady Durkin looks to pass near the goal against Poway High School on March 8. (photo by Jim Wick)

games this regular season, the Falcons will square off with five teams outside their league starting on April 7 at home against Wenatchee High School from the state of Washington; followed by a game versus Stevenson School from Pebble Beach the following day.

Scripps Ranch will close out the season with five-straight league games starting on April 21 against La Jolla High School and then against Cathedral Catholic High School on April 26 before closing out with three-straight home games, including the regular season finale on May 5 against Patrick Henry High School.

“Cathedral Catholic is always our biggest competition of the year. It’s a hard game for us, and those are the guys who are in our way in terms of winning the league

and CIF,” Francy said.

Scripps Ranch High School last beat Cathedral Catholic High School in 2015 with the Dons winning their head matchup last season 16-6.

Among the most outstanding players so far this season helping Scripps Ranch improve its level of play are midfielder and captain Stephen Bousquet, who was recently selected as a New Balance All-American. Other standouts are senior Brady Durkin and goalie Trevor Granucci.

regular season with a three-game stint versus La Jolla High School starting on May 8.

The Falcons hope to finish the season the way they started, considering that 12 of the final 14 games will be against league opponents.

BASEBALL

Continued from Page 18

Clairemont High School on April 24, 25 and 27.

After squaring off against Cathedral Catholic High School and Eastlake High School the first week of May, Scripps Ranch finishes the

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SRHS mens volleyball team is highly rated

By Hector Trujillo

The Scripps Ranch High School mens volleyball team is in the midst of the 2023 season with one of the best starts in school history and hopes to close out just as impressively with about 12 games remaining.

The first rankings of the season came out recently and the SRHS mens team was rated number 1 in San Diego and number 16 in the state as of March 12, according to head coach Lance Taschner. The team's record was 16-3 at deadline.

The Falcons' astonishing run included a dominating performance in the Scripps Ranch Volleyball Tournament on March 10 and 11, playing three matches each day while going 6-0, which improved the team's record overall, and included a victory in the championship match over Torrey Pines High School.

Scripps Ranch has been led this season by the outstanding plays of seniors and tournament co-MVPs Blake Taschner and Brody Erick-

See **MENS VOLLEYBALL**, Page 21



SRHS senior Daniel Stankoulov goes high during a 3-0 victory against Mira Mesa High School on March 1. (photo by Jim Wick)



SRHS Junior Jett Reyes focuses on the ball during action against Mira Mesa High on March 1. (photo by Jim Wick)



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Senior Blake Taschner sets a shot in a 3-0 victory against Canyon Crest Academy on Feb. 23. (photo by Jim Wick)

MENS VOLLEYBALL

Continued from Page 20

son.
“We returned pretty much our entire team,” coach Taschner said. “We have multiple players who play high level club volleyball and multiple players that are going on to play at the collegiate level next year, so we’re a pretty stacked team.”

Erickson will be moving on to play volleyball at Grand Canyon University while Taschner will be playing at Merrimack College.

Several other seniors on the team are still considering which college or universities where they will be playing, while junior Jett Reyes will be returning to Scripps Ranch next year.

“In terms of our leadership, since this year we have a squad made up of seniors pretty much, our leadership is very solid,” coach Taschner said.

The Falcons have also had the benefit of senior Dean Paley since the start of the season, having been without him for part of last season. He also plays strong forward for the basketball team.

Among the remaining games for Scripps Ranch are two versus Morse High School on April 5 and 25, along with two against Francis Parker High on April 12 and on April 28 to close out the regular season.

The Falcons will also face off with Helix High School on April 7, Cathedral Catholic on April 14 and Madison High School on April 19 before competing in another two-day tournament starting on April 20.

Among the most notable wins so far in



SRHS seniors Brody Erickson (left) and Blake Taschner were named co-MVPs of the Scripps Ranch Volleyball Tournament on March 10 and 11. (photo by Jaime Erickson)

2023 was the 3-0 victory over Poway High School on Feb. 28. The Falcons had not defeated Poway since 2016. Scripps Ranch also competed in the Best of the West Tournament on March 3 and 4, going toe to toe with some of the best teams in the country and finishing 3-3 over the six matches they played. The team aims to improve even further on its third place finish last year among all San Diego County high schools.

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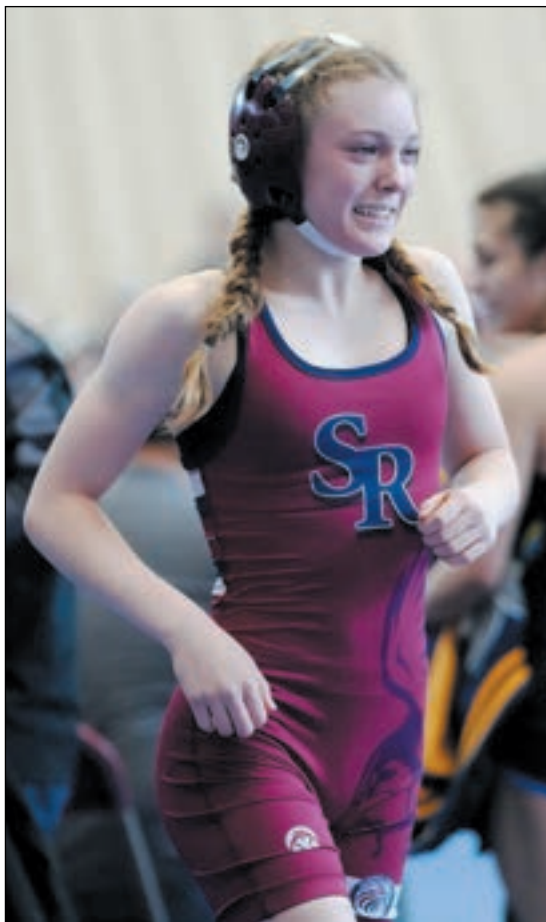


CHAMPIONSHIP ACTION: Scripps Ranch High roller hockey player Pierce Nelson controls the puck during the CIF-San Diego Championship game on March 8. The Falcons made it to the Finals before losing 5-8 to Del Norte High. (photo by Jim Wick)



BIG FINISH: Scripps Ranch High School's Jaclyn Macatee crosses the finish line in a 100m race at the Don Jones Bronco Invitational meet on March 11 during a rainy day at Rancho Bernardo High. (photo by Jim Wick)

SPORTS HIGHLIGHTS



STATE COMPETITORS: Two Scripps Ranch High School wrestlers advanced to State CIF competition – freshman Ava Fodera (left) and junior Kayla Lincoln. They competed in the 2023 CIF State Wrestling Championships in Sessions I and II in Bakersfield. These photos are from the CIF-SDS 2023 Masters tournament. (photos by Jim Wick)



CONCENTRATION: Olivia Graner is seen playing third base as Scripps Ranch Softball Association's 12u Gold Select Team played a doubleheader vs. 4S Ranch on March 5. The teams faced numerous game cancellations due to heavy rains. (photo by Lisa Shadburn)



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