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# SCRIPPS RANCH NEWS

Volume 1 Issue 3 • February 2018 www.ScrippsRanchNews.com A RISING STAR This 13-year-old singing phenomenon is blessed "Mixtec Menagerie," a stained-glass creation by artist Richard Spaulding, adorns a wall in the library's children's area. with amazing talent **Anniversary celebration!** and a gift for he construction of a new library is a rarity these days, but the Scripps Miramar Ranch Library still looks good and has retained performing its modern atmosphere even though it opened in March 1993, 25 years ago. Thanks to library architect Richard Bundy, in public. the structure has an abundance of nooks and angles that keep it appealing. With an assortment of stained glass creations by artist Richard Spaulding and a few dignified remnants of the old Scripps ranchhouse melded into the interior, the place has some rather fascinating character. According to Joan Reese, Scripps Ranch By John Gregory Friends of the Library (SRFOL) publicity chair and a past president, the library was built with several "firsts" for a city branch library in San Diego. It has the first permanent public art works in a San Diego branch library, the stained glass. It has the first computer lab in a city library, she said. It has the first large community room. It's the first city branch library to have a permanent used book store, Grace's Book Nook. In addition, the Scripps Miramar Ranch Library has the largest and nicest community room of all branch libraries in San Diego. Reese emphasized that when the library was being planned, members of the SRFOL and the Scripps Ranch Civic Association malea Ribeiro has an inbegan fundraising efforts to add credible voice and she's not afraid to use it. a few extras to the new library. The community fundraising In spite of her confidence, she is helped ensure the new library simply an unassuming Marshall Midhad a seminar room, an outdle School student who happens to sing in public, in competitions, on the radio door courtyard, a communiand in a recording studio. ty room, a smaller meeting room and the used book Her vocal ability has allowed her to maintain a steady schedule of performances. store. There was a time when On Feb. 10, Amalea entertained the crowd at libraries were the center the Lunar New Year Festival at SDCCU Stadiof a town's information um with a solo vocal performance while playing and a major source for the keyboard. research, a repository She recently made a new recording of "Be with for books and printed You," a cover of a song from The Mondays, and

records. Today, with digital information

available at

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will shoot a video for the song in Los Angeles in

be her second video recording.

March with Notre Dame High School. It will

See AMALEA, Page 2

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# Amalea Rose is a singing sensation

#### **AMALEA**

Continued from Page 1

Amalea won a competition on Facebook with Irene Dreayer, a former executive producer with Disney who is now president of Dray Productions, Inc. Her prize is a one-on-one Skype session with Dreayer, who has worked with and discovered a variety of young stars.

Amalea has been performing in malls and fairs this past year, and has done a few performances in Los Angeles with a group called Rock Theatre.

In November, Amalea performed at Kulak's Woodshed, a concert venue, recording studio and live webcast based in North Hollywood.

It all started when she was very young.

"When I was five I started imitating opera," Amalea

"When I did my very first big performance as a solo artist, I just turned eight and it was at the Fashion Valley Mall," she explained,

adding that there were about 100 to 200 people in the audience.

When Amalea had her first opportunity to perform live, she just dove in. In fact, she was the one who recognized the opportunity and took action. She was with her mother watching her cousin perform at the mall for Tunes for Tots, a charitable organization for children. Amalea walked up to the event's leader and said, "I can sing too."

Amalea's mother, Cynthia Ribeiro, explained what happened next: "She said, 'Really?, sing something for me.' So (Amalea) belted out 'The Hills are Alive' from the 'Sound of Music,' and she said 'Okay, will you come back tomorrow and sing?' And that's how she got her first gig."

Amalea did not hesitate when she had her chance to sing in front of an audience for the first time, according to her mother.

"There was no fear from the beginning," Cynthia said. "She'd just go up there and I'm crying and she's singing."

Amalea soon began performing with Tunes for Tots and sang at concerts all over San Diego for charity. She had not even begun taking singing lessons at the time. She started lessons when she was nine, and now she has a lesson once a week from singing instructor David Freeman. Amalea said she warms up for 25 minutes and then sings a song, getting coaching about the song from her teacher at the end of each lesson.

Today, Amalea has performed for live audiences on numerous occasions and she has recorded songs four times with producer Hans Oropallo in a studio located in Poway. She has performed on American Veterans Radio online on "The Underground with D.J. Steve O," which features new, independent artists.

Last summer, Amalea entered the "In the Spotlight" vocal competition at the San Diego County Fair and earned second place. Approximately 1,000 vocalists entered the contest. She competed against nine other finalists in the Youth Division for 8 to 12-year-olds.

Amalea also earned second place in the RB Idol singing competition and participated in the Spirit of the Fourth Parade in Rancho Bernardo, and sang for the audience prior



happens to have an amazing voice. (photo by John Gregory)

to the July 4 fireworks at Bernardo Heights Middle

With so much experience already, it's easy to believe Amalea loves performing, especially in front of a live crowd.

"Yeah, I like that, it's fun," she said quietly.

Does she ever get stage fright?

"I don't really get nervous ... I only did once," she explained. "That was my 'America's Got Talent' audition. I got so nervous my hands were shaking," she said, adding that the audition was a surprise; they received the call that very same morning.

Amalea has auditioned for two television shows, the other being "Little Big Shots."

Her mother drives Amalea to her auditions and practices, and makes the big decisions regarding the direction of her talent and voung career.

"You have to be careful and protective as a parent," Cynthia said. "We only allow her to do things we are comfortable with; mostly local at this point. She has done a few of those bigger auditions with a little hesitance from me, but you want her to be able to chase her dreams as well."

Amalea probably received some of her talent from her mother. Cynthia was active in theater when she was young and was a pop backup singer when she was in her 20s, she said. She performed at venues around Hollywood and Los Angeles, including Whiskey a Go Go and The Roxy Theatre.

Amalea has already considered her future and has made preliminary goals. First, she wants to attend the Berklee College of Music in Boston, an independent college of contemporary music. Its purpose is to educate, train and develop students to excel in a music

She eventually wants to become a professional sing-

"I want to be a pop-R&B type artist," she said. "It's like more challenging pop. Like what you hear on the radio is not very challenging."

Amalea also has a shortterm goal.

"I kind of want to audition for 'The Voice' when I'm 15 or 16," she said.

In the meantime, Amalea enjoys being a seventh-grader. All this experience doesn't faze her or affect her good nature; she takes it in stride. Amalea sings in choir class at Marshall Middle School. and has learned to mix with the other voices in the choir.

"I try to blend in because it's supposed to sound like one voice," she explained. "I had a little bit of trouble in the beginning, but once I got used to the choir then, okay, I get it. I get how to blend with other people now."

See more about Amalea on Facebook, @amalearosebud, and on YouTube by searching for Amalea Rose.



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## Golf tournament supports SIDS research

By John Gregory

cripps Ranch residents Chip and Valerie Lindgren are hosting the Final Daly Lindgren Memorial Charity Golf Tournament on March 23. This lighthearted and often high-spirited event benefits a good cause: Sudden Infant Death Syndrome (SIDS) research; counseling and comfort for grieving families stricken by SIDS; and SIDS education through the San Diego Guild for Infant Survival.

The mere thought of SIDS is terrifying to parents, and the Lindgrens are all too familiar with this menace. On Feb. 4, 1999, Chip was working and Valerie was travelling at the time. Their daughter, Daly Alexandra Lindgren, was at daycare where she was placed in a crib for her nap but did not wake up. She was 3 ½ months old.

There is no known cause of SIDS. "It happens during sleep. The typical scenario is the parent or caregiver ... finds the child in the crib not breathing," said Valerie, a labor and delivery nurse. "There is no prevention. There is only risk reduction. One of the risk reduction measures is not to overheat the child. ... Take into account the temperature of the room and what the baby is already wearing."

Today, the Lindgrens have two other children who are now attending Scripps Ranch High School: Faith is a senior and Samuel a junior.

In 2000, the Lindgrens struggled through all the grief of losing their daughter and rose up to create the charity golf tournament in her honor. Funds raised through the event to date have exceeded \$250,000.

"We want to raise money for a good cause, but we also want it to be an enjoyable event for all," Chip said.

The March 23 golf tournament will begin promptly at noon with a shotgun start at the Coronado Municipal Golf Course, 200 Visalia Row. The format is a four-person scramble. The entry fee is \$140 per player, which includes golf, cart, range balls, drink tickets and the pre-tourney barbecue lunch.

Chip said between 90 and 100 golfers participate each year. Most register as foursomes or twosomes, but singles are accepted and will be paired with another person. Chip said the Peoria System will be employed to keep things competitive.



Participants in the Daly Lindgren Memorial Charity Golf Tournament are encouraged to dress in costume. (courtesy photo)

"We try to level the playing field because we have some really ace golfers and then we have a bunch of medium and a bunch of rookies who golf once or twice a year," he explained.

An awards dinner will be held at 5:45 p.m. in the clubhouse. Cost for the dinner is \$43 per person. Families are welcomed. Awards include winning men's and women's team, Longest Drive, Closest Shot to the Pin, Best Shot, Best Outfit and the Daly Cup. There will also be a raffle, silent auction and photo contest. Golfers are encouraged to

wear costumes, and the competition for Best Outfit is usually fierce.

"Normally, we have some teams that put a lot of effort into it because they're not going to win anything by golfing," Chip said.

March 16 is the deadline to register for the Final Daly Lindgren Memorial Charity Golf Tournament. For tickets, visit Eventbrite. com and type Daly into the search window. The tournament should be the first to appear at the top.

For more information about SIDS, visit sandiegosids.com or firstcandle.org.



Chip and Valerie Lindgren (courtesy photo)





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## Ambitious student wants to be a journalist NEWS

rjun Suri is no ordinary kid. Sure, he's smart, but he also possesses an amazing amount of initiative. When he was a fifth grader at Ellen Browning Scripps (EBS) Elementary School, he started a newspaper that he and other students passed out to parents and students each Friday.

He not only got it started, but he served as editor and oversaw its production through 28 issues, all the way from October through the end of the school year without missing an edition.

"I decided I wanted to do something fun, something different with writing," he said.

Arjun and his father, Atul Suri, began brainstorming and came up with an idea based on answering the seemingly age-old question kids ask their parents each Friday after school: What are we going to do this weekend?

"We decided to make that into a newsletter that we could give to parents and kids so that they would know what they could do and what's going on each weekend in the area," Arjun said.

He presented his idea to EBS Principal Liz Sloan. It must have been a pretty incredible presentation, considering the project was so ambitious and the idea was coming from a fifth grader, and it was approved.

Arjun then presented the idea to students and asked if any wanted to get involved. It turns out that about 12 students helped in one way



Arjun Suri published 28 issues of The Penguin Weekend Post.

or another during the year.

In reference to the school's mascot, the paper was named *The Penguin Week-end Post*. It was a two-sided sheet that contained week-end events, a video game section, a do-it-yourself section, a crossword puzzle or word search, a weather report and a section featuring new movies. A recipe section was also added.

Arjun said Thursday night deadlines were always the most intense at his home as he prepared each edition for school the next day. Arjun would take it to the school office for printing, then pick up copies at the end of the day. Four students were allowed to leave class early to distribute copies after school.

"Most parents loved it. They got accustomed to it," he said.

"A lot of kids wanted to be part of it," he explained, adding that they wanted to get their names in the paper, noting that giving credit to each contributor was an important aspect.

Today, this 12-year-old attends Marshall Middle



The Penguin Weekend Post

School where he is involved in preparing for the Science Fair.

Math and writing are his favorite subjects. Some of his writing was published in *Time For Kids* magazine when he was in the third grade, and he once interviewed the oldest resident in Scripps Ranch for a story he wrote for the Scripps Ranch Civic Association newsletter.

Arjun obviously has a special interest in journalism and said he hopes to pursue this path in college, although he is not yet certain which specific area of journalism he will explore.

## Newspaper wants to recognize volunteers

Scripps Ranch News invites its readers to send information and photos of residents in our area of coverage who are involved in noteworthy projects for the community. We are looking to recognize as many individuals as possible.

We welcome information about volunteers and those who have gone above and beyond the call of duty to help others.

Please send a few sentences and a photo about the person you wish to be recognized for their accomplishments and efforts.

Don't forget that readers are also welcome to send information about upcoming events and activities so that we can inform the public in advance. Simply email your information and photos to john@scrippsranchnews.com.

## NEWS



Katya (left) and Millie, two members of Girl Scouts Troop 3102, sell cookies outside of new Vons. (photo by John Gregory)

## Cookie season is underway

Girl Scouts are proudly selling Girl Scout Cookies throughout neighborhoods in Scripps Ranch. The 2018 cookie selling season began Jan. 28 and will run through March 11. Besides individual sales, troops take turns selling in front of both local Vons supermarkets, giving everyone a chance to gain credit for their efforts.

## MRNPC looks at draft EIR

The San Diego Unified School District (SDUSD) has proposed an agreement with Monarch Scripps Mesa, LLC, for the development of a mixed-use multi-family residential development on the site where Innovations Academy currently stands. The proposed project would include 264 multi-family units. If approved, Innovations Academy would be relocated. Construction would begin this summer and continue for up to 30 months.

The Miramar Ranch North Planning Committee will hold an ad hoc subcommittee meeting to review the project's Draft Environmental Impact Report (EIR) at 6:30 p.m. Feb. 28 in the Scripps Ranch Community Center, 11885 Cypress Canyon Drive.

The public may review the draft EIR at bit.ly/208gJEh. Deadline for submitting public comments in response to the EIR is March 6. Email comments to environmental@sandi.net.

## Farmer's Market adjusts hours

The Scripps Ranch Farmer's Market has adjusted its hours. New hours are now 9:30 a.m. to 2 p.m.

The Scripps Ranch Farmer's Market is held each Saturday at 10380 Spring Canyon Road, in the Innovations Academy parking lot. Visit srfm.org.

## Recycling event scheduled in March

An electronics recycling and on-site paper shredding fundraising event will be held between 10 a.m. and 3 p.m. on both Saturday, March 24, and Sunday, March 25, near the Scripps Ranch Farmer's Market site at 10380 Spring Canyon Road to benefit Innovations Academy. There will be music, food and entertainment for the kids on Sunday, March 25. Green Hat Electronics will provide the shredding-recycling machines.

Paper shredding fees will be \$5 per file box. All documents will be shredded on-site beginning at 2:30 p.m. both days. Recycling fees for electronics will be will be \$1 for miscellaneous household appliances; \$2 for printers and audio components; \$5 for microwaves and vacuums; and \$10 for mini refrigerators.

This event is sponsored by Sharon Martin of Keller Williams Realty.

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## Celebrations will honor library's 25th anniversary

### **LIBRARY**

Continued from Page 1

everyone's fingertips, most libraries don't maintain an image as a center of anything anymore, but that concept could not be more wrong here. Visit the Scripps Miramar Ranch Library anytime during most hours of operation and you'll find it hard to locate a parking spot. In fact, people are often waiting for it to open in the morning.

Another interesting development is the rise in interest for books in print. Reese, who is also the coordinator for Grace's Book Nook, discovered the store's book sales have actually risen this year, and young adults are buying and collecting books. Sales from the book store are used to raise funds for SRFOL projects.

Reese has noticed another trend regarding those who staff libraries these days.

"Young people are going into library service, and are excited about it," she said. "It's been nice to see."

Libraries have come full circle. The Scripps Miramar Ranch Library remains a center of information. Reese explained that libraries are much more than books, although books are



Joan Reese describes the history of the Scripps Miramar Ranch Library while in the courtyard. (photo by John Gregory)

still important.

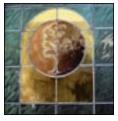
"I really believe that public libraries, along with public education, are the foundation of democracy," she

Visitors to the library can use the library's computers to access the internet, access various data bases, and use language instruction software. They can check out CDs and DVDs. There are books for every segment of a person's lifespan. There are board books for babies, books for young adults, books for adults and large print books for seniors.

In addition, the Scripps Miramar Ranch Library offers an assortment of programs and activities. Some of these include live concerts, a book discussion group, and a Lego club. It offers classes such as an adult exercise class, a class about writing children's books and a cooking class. There is also an active Teen Council that plans and holds activities.

In honor of the Scripps Miramar Ranch Library's 25th anniversary, SRFOL has planned special events in March:

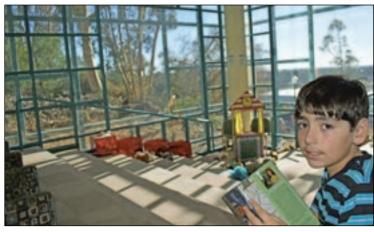
• March 10, 6-9 p.m.; "An Evening to Remember," featuring live music, docent tours, silent and live auctions. Includes two drinks, heavy hors d'oeuvres and







A series of three stained glass windows by artist Richard Spaulding are seen from the library's courtyard. (photos by John Gregory)



A corner in the children's area features a bright view, comfy chairs and stepped seating surrounding an area for story time. (photo by John

desserts. Funds will go toward enhancing the courtyard. Get early-bird tickets by Feb. 28: srfol.org

- March 11, 2:30 p.m.; live concert with Billy Lee and the Swamp Critters (Cajun zydeco)
- March 16, 10 a.m.; "Dances with Words" featuring Richard Lederer and singer/ songwriter Bill Shipper
- March 24, 1-4 p.m.; Com-

munity Birthday Celebration, an all-ages event with birthday cake, city officials, city library personnel and recognition of the winners of the SRFOL Student Essay Contest and winners of the commemorative bookmark design contest for K-12th graders

The Scripps Miramar Ranch Library is at 10301 Scripps Lake Drive.



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Volunteers assemble hygiene kits for Monarch school.

# Hygiene kit collection was amazing success

Victoria Muschek and her Scripps Ranch family take on a charitable project each year. This winter they collected small personal hygiene items for students at Monarch School, a school created to serve homeless students downtown. The hygiene kits are a real plus for the children who clean up and utilize the school's showers before classes begin.

Muschek, a marketing and communications specialist for Sharp Health Plan, said enough items were collected for 2,100 hygiene kits. That's enough to provide kits to Monarch students for approximately 18 months, she stated.

"They absolutely loved it and they were blown away by the quantity," Muschek said.

Scripps Ranch residents donated an impressive amount of items at a collection point in Chile Peppers restaurant, 10299 Scripps Trail. Sharp Health Plan collected items for 900 kits. Ryan McConnell, a local resident who attends Cathedral Catholic High, coordinated the Scripps Ranch component and contacted hotels to acquire enough donations to fill another 1,200 kits.

McConnell supervised a group to sort and assemble kits in Scripps Ranch while several of Muschek's colleagues assembled kits at Sharp Health Plan.

McConnell participated in the delivery of his portion of the kits and witnessed the school in operation. "He's a pretty amazing kid," Muschek said.

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## Problem or no problem?

# Day laborers seek work

By John Gregory

small group of men can be seen gathering at the end of a driveway in the Scripps Ranch Village Shopping Center along Scripps Ranch Boulevard, directly across the street from the end of Ironwood Road.

They are hoping someone will hire them for a day job, and the fact that they congregate most weekdays at the same location indicates that someone is, in fact, offering them work at that spot.

On Thursday, Feb. 15, one man was waiting at the spot at 7:50 a.m. Within five minutes, two more had joined him.

Six men were waiting there on the morning of Jan. 30. Four were in a central group one was sitting on the curb near the street and another was off to the side leaning against a fence. Though most had trouble understanding English, they nodded yes when asked if they were looking for work. They said they would do yard work, but one approached from the side and offered help moving.

How much would they charge? \$15 an hour. Would they be there tomorrow? Yes

When asked if they lived nearby, one nodded in the affirmative.

It's important to note that there is nothing wrong with looking for work, of course. In fact, it's considered admirable.

An employee at the nearby floral hut explained that the men gathering in the lot had never caused any problems. She said they were very polite and even ran over to help her when she dropped a bucket

But other San Diego communities have found that the gathering of day workers seeking employment grew into a nuisance. Over the past year, a much larger group of men have been congregating in a few areas in the parking lot of a large shopping center at Genesee and Balboa avenues. As many as 30 men have been spotted there during week days and some gather on weekends. Ten men were seen waiting there on Saturday, Feb. 10 at 11:30 a.m. beside a "no loitering" sign.

Large gatherings of day workers in Pacific Beach at



Two men sit on a curb waiting for possible day work at Scripps Ranch Village Shopping Center.

a few locations, mostly on Grand Avenue, caused concern in the late 1990s as the men left trash and some committed crimes. Eventually, after much work and discussion by community leaders and politicians, state and city officials helped find funding to open a hiring hall that became the one spot in Pacific Beach in which day workers could legally seek work as long as they registered and their immigration status was legal. The hall was operated by a nonprofit organization called SER Jobs for Progress and was partially funded by federal Community Development Block Grants.

California cities that have found the gathering of day workers to be a problem, and tried to find solutions, include Carlsbad, Vista Encinitas, Escondido, Huntington Beach, San Francisco and San Mateo.

Another aspect of the day laborers being hired off the street is concern for their own welfare. This type of working situation is difficult to regulate. There is a



Similarly, several men seek day work in a parking lot on Genesee and Balboa in Clairemont.

risk that the workers could be cheated out of their pay or mistreated, and that they might be hesitant to seek help from law enforcement. Those hiring the men for a day of work are also liable for accounting for the transactions — taxes.

This is but a fraction of the many aspects of this issue. One question is whether or not this is even an issue in Scripps Ranch. If no laws have been broken, what's the problem? Scripps Ranch News would like to know your opinion: Problem or no problem? Email your response to info@scrippsranchnews.com. Type "day workers" in the subject line. See the March issue for results.

## Stop sign problems?

Tree branches appear to be partially covering a couple of stop signs on corners as drivers head up the hill on Timberlake Drive.

On Feb. 11, leaves on a branch covered the top part of a stop sign at Timberlake Drive and Sunset Ridge Drive, making it difficult for motorists to spot. Further up Timberlake Drive, palm fronds were growing out from a couple of trees, partially covering the side of a stop sign at Summerwood Court.

While fully alert motorists might be able to spot the red from the signs peeking out from the branches in both cases, those who are not quite so careful can easily drive past without noticing them. The one at Sunset Ridge is the most difficult to spot from the roadway.



Scripps Ranch News would like to know if readers view these as two potentially hazardous situations or not: Problem or no problem? Email your response to info@ scrippsranchnews.com. Type "stop signs" in the subject line. See the March issue for results.



Well-known restaurant chains such as Rubio's are part of the attraction and convenience of Scripps Ranch Marketplace

egency Centers gained ownership of the majority of Scripps Ranch Marketplace in late 2017. The shopping center, best known for what locals call "new Vons," was built in two phases. Regency Centers now owns the part stretching from the CVS Pharmacy east to the end of the block at Spring Canyon Road.

The Regency Centers portion includes 132,000 square feet of space and, perhaps the biggest news is that the last vacancy has been leased by a brewery. This fact was recently confirmed by Chris Sanchez, the leasing agent for Regency Centers who is responsible for Scripps Ranch Marketplace.

"We signed a lease with a local pub and brewery operator who is going to be opening Scripps Ranch Ale House in (approximately) August," Sanchez said.

This last space is in the free-standing building on the very southeastern corner of the block next door to Mission Federal Credit Union, in the space vacated by Pizza Rev.

Regency Centers is a very large company and Sanchez is responsible for leasing spaces in its Southern California lower portfolio, from southern Orange County through San Diego. Other nearby shopping centers owned by Regency Centers are 4S Commons Town Center and Twin Peaks Plaza Shopping Center in Poway.

While Sanchez oversees

the leasing, the company maintains its own property management team for the shopping centers. The local office is in Solana Beach.

"We're a large, national, publicly traded company; however, the asset management team here with leasing and property management is local and we plan to operate and manage this shopping center to the local residents' needs and wants," Sanchez said.

He revealed that part of the plan is to eventually improve the dining selection as openings occur.

"In general, we're looking to upgrade the tenant mix with better food offerings," he said. "We feel the people of Scripps Ranch are underserved in better, healthier, more relevant food offerings. That's really our goal, to improve the tenant mix."

A brief description of the area in which Scripps Ranch Marketplace is located unveils the reason Regency Centers purchased this property.

"The retail market is generally strong in the core areas with good population density and good average household incomes," Sanchez said.

He noted that the center is located along Scripps Poway Parkway, a major thoroughfare near I-15. He said about 42,000 vehicles on average drive past the center each day. In addition, the present leaseholders make up a decent combination of businesses, offering an appealing assortment of goods



The Vons supermarket, locally known as "new Vons," is one of the main anchors of Scripps Ranch Marketplace.

and services.

"The shopping center is made up of Regency Centers' real bread and butter," Sanchez explained. "The grocery store- and drug store-anchored shopping center is predominantly what Regency Centers owns and operates throughout the nation. Your typical customer here is shopping for their daily needs: groceries, medical services, dental, veterinarian services, and there's also a bit of your leisure."

He pointed to the Starbucks coffee shop and the nearby courtyard with tables and seating.

"You also have several food offerings, all the way from an Asian food option to more of an American style pizzeria in Sammy's Woodfired Pizza to a coastal grill in Rubio's to Mediterranean cuisine in Luna Grill," he added, emphasizing the many reasons Scripps Ranch Marketplace remains an active center of commerce.

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(Ages 5-7)

July 9-13 **Girls Empowerment Camp** (Ages 5-7)

July 30-Aug 3 Fitness/Hip Hop Jam Camp

(Ages 8-12)

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## Designer wins national contest

cripps Ranch resident Alison Green, 29, was one of 30 young designers from across the nation to receive the National Kitchen and Bath Association's (NKBA) Thirty Under 30 award for 2018, and her team won a prestigious competition held during the Kitchen & Bath Industry Show (KBIS) in Orlando in January.

The NKBA Thirty Under 30 recognizes thirty outstanding young professional designers from across the country who possess the passion, creativity and brilliance to be the voice of the next generation of kitchen and bath experts.

This year for the first time, NKBA asked the honorees to work in six groups of five and to collaborate on a "Product of the Future."

The winning concept, The Living Fridge, allows consumers to grow herbs in about seven days via adjustable growing trays that incorporate temperature control, grow lights and automatic watering. Zeolite blocks purify food by absorbing chemicals and odors. A Bluetooth feature allows consumers to set expiration date alerts, create shopping lists and organize meal plans. A door camera allows users to see inside the fridge and track herb growth.

Green joined Jackson Design and Remodeling immediately following her gradua-



Alison Green addresses the crowd at the competition held during the Kitchen & Bath Industry Show in Orlando. (courtesy photo)

tion from the Design Institute of San Diego, where she earned a Bachelor of Fine Arts in Interior Design.

"We are so proud of Alison for all of her creativity and ingenuity," said Todd Jackson, president and CEO of Jackson Design and Remodeling. "The Living Fridge concept is innovative, practical and reflects the ever-changing needs of consumers and the desire for home access to fresh, healthy foods. Alison's creativity shines through her work here at Jackson Design and Remodeling. Her ability to connect with clients and turn their visions into reality is what has led to her well-deserved awards."

Green was inspired to pursue a career in design from a young age when her family moved into a new house that required a whole home design and she discovered how much she enjoyed creating from a blank slate.

Green's work has been published locally and nation-



The Living Fridge features growing trays, temperature control, grow lights, automatic watering, a Bluetooth feature and door camera. (courtesy photo)

ally in publications including "Cottages and Bungalows" and "Make it Organized." Her recent Seaside Dazzle whole home won a 2018 Contractor of the Year (CotY) award from the National Association of the Remodeling Industry. Green also won a CotY award in 2017 for a Creative Modern Farmhouse kitchen. The first kitchen she ever designed, a Timeless Modern kitchen, won a National Chrysalis Award in 2015 and a Master Design Award in 2014. Green is certified by the National Kitchen and Bath Association as an Associate Kitchen & Bath Designer and is an Allied Member of the American Society of Interior Designers.



## Scripps Ranch Farmer's Market

Explore a wide variety of vendors from 10 a.m. to 2:30 p.m. every Saturday. Browse among the booths with a selection of food, services, produce and merchandise. Grab something to eat, sit down and enjoy live music in the food court. It's like a family festival every Saturday in Scripps Ranch.

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## Village Center Dentistry provides a welcoming environment

r. Jennifer D. Santoro, DDS, owner of Village Center Dentistry, had a vision for her own dental office when she started out.

"I wanted it to be more about personal relationships and getting to know the people," she said. "The motto that I like is: 'Village Center Dentistry, where everyone is treated like family."

Dr. Santoro likes to learn about her patients as individuals. She enjoys learning about their children, their family and what they did last weekend. Most importantly, she wants her patients to feel comfortable and relaxed.

She said her team tries to make everyone feel as if they are at home, not in a white, sterile-looking office. A quick tour inside her office clearly reveals that she has accomplished her goal. The décor is clean but enjoyable. The overall feeling is pleasant, calm and positive.

"It's a welcoming, homey environment where you can have quality dental work," she explained. "We only use the best supplies. We have



The staff at Village Center Dentistry offers a welcoming, homey environment where patients get personal attention and high-quality dental work.

the best technology. Our team is awesome and we really like each other. It's just a really good working environment."

A trip to Village Center Dentistry doesn't feel like a dentist appointment because Dr. Santoro's philosophy is paying off.

"Dentistry is almost a side-effect," Dr. Santoro said. "You do a good job, you have the skills to do that, but you want to make people comfortable because I know nobody likes going to the dentist."

Adding to the relaxing atmosphere is the sound of laughter and jovial banter coming from the staff. It's enough to put anyone at ease. "The team is perfect," Dr. Santoro said.

Her staff consists of two dental hygienists, two people at the front desk and one assistant.

Village Center Dentistry

provides an abundance of services including comprehensive and conservative care, fillings, crowns, cosmetic veneers, Invisalign (clear braces) and pediatric dentistry.

Dr. Santoro has updated most of the equipment since acquiring the practice in 2015. This includes a CEREC one-day crown machine. Patients needing a crown can simply come to their appointment and Dr.

Santoro will scan the area rather than take an impression. After she designs the crown it is then fitted. Then the patient can relax for a half hour or even take a nap while the crown is baked before it is attached permanently. It's almost too good to be true.

Dr. Santoro said her greatest pleasure is when a patient is done with their appointment and says, "Thank you, that didn't feel like a dental appointment!"

Village Center Dentistry is currently welcoming new patients, including children, entire families and people of all ages. Patients may schedule appointments and fill out forms conveniently online at yourvillagedentistry.com. Or simply call the office, (858) 566-8510.

"We're local, we're in Scripps Ranch, and we love our patients like family!", Dr. Santoro said.

#### **Village Center Dentistry** (858) 566-8510

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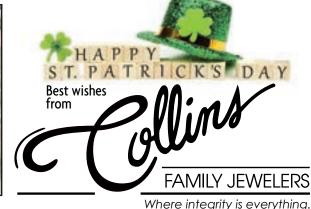
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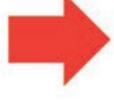
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## FAMILYFUN

As the name implies, there is an abundance of tennis and racquetball courts at the Scripps Ranch Swim & Racquet Club. (photo by John Gregory)

## Something for everyone

By John Gregory

he Scripps Ranch Swim and Racquet Club might sound a bit limited if one were to judge by name alone, but as many Scripps Ranch residents know — it is a big part of life in this community.

Some young families might join for the pools and recreational facilities, or maybe for the gym and workout programs that come with being a member. A lot of families join as they enroll their kids in the preschool program. They might start their children in the club's swim lessons. Perhaps the parents begin to socialize with other parents at the club's many events such as the Holiday Party, Oktoberfest, the Memorial Day celebration, family happy hours, social hours for grown-ups, tennis socials and tournaments, and family campouts. Next thing you know, the kids are attending summer camps at the club, or mini-camps during school breaks. The children might eventually be enrolled in the club's after-school programs during elementary school and middle school.

You get the picture — a lot of local families rely on the club. While this is true, there was a time when families had less need for the Swim & Racquet Club as their children grew older and left for college. That's why the club developed as many as 55 free classes to engage members so everyone could get more out of their membership. There is everything from yoga to tai chi to kickboxing. There are more classes for seniors.

"It's a great community gathering spot for our members," said Tal O'Ferrell, club manager. "We do the full spectrum. You can be single, you can be a family, you can bring the kids."

Even nonmembers from the community can take advantage of some of the services such as swim lessons, preschool, after school programs, summer camp and mini-camps.

The Swim & Racquet Club has two locations: 9875 Aviary Drive and 10216 Scripps Trail. Facilities at the Aviary Drive location include six tennis courts, a pool, an adult Jacuzzi, a kids Jacuzzi, a kid's play pool, a gym, fitness center, outdoor basketball court, preschool classrooms, two playgrounds, an outdoor fireplace and a barbecue area. The Scripps Trail location features five tennis courts, an 18-hole mini-golf course, a pro-sized sand volleyball court, horse shoe pits, a playground, two indoor air conditioned rac-

quetball courts, a lessons pool, a main pool, two Jacuzzis, a preschool, a barbecue area, a lanai and an outdoor fireplace.

O'Ferrell has been managing the Swim & Racquet Club for nearly two years, but he has been involved behind the scenes much longer. He served on the board of directors for 10 years and was president for three or four years, he In fact, it would be

hard to find a person who has more enthusiasm for his job.

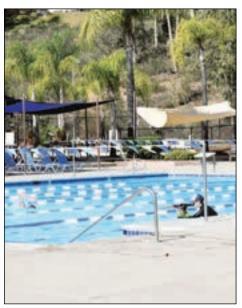
O'Ferrell was in the process of selling two of his businesses and was coming upon a career switch when he heard the previous manager was leaving the position.

He said that one night his wife told him, "You're the happiest you ever are when you're at the club or when you're coming back from the club."

Three days later he decided to apply for the position. Besides his vast knowledge of the club's operations, O'Ferrell had plenty of ex-



Tal O'Ferrell is the proud manager overseeing operations at Scripps Ranch Swim & Racquet Club. He is seen here on the basketball court at the Aviary Drive club location. (photo by John Gregory)



said. As he puts it, Swim lessons are taught in the pools of the he "loves" the place. Scripps Trails club location. (photo by John

perience in both management and business. He and some friends started a little skateboard company named Sector 9 back in 1993, and it became one of the biggest skateboard companies in the world. In addition, O'Ferrell started the first two Wahoo's Fish Taco franchises in San Diego. Billabong bought Sector 9 and O'Ferrell eventually sold his fish taco shops.

"I cannot be happier with the decision I made," he said. "I just really wanted to make this place a first-class family club. ... The paint should be fresh, the pool should be clean."



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Student musicians in the Instrumental Music program receive applause following a night time performance at Marshall Middle School.

## Music program thrives at Marshall

By John Gregory

istening to a performance by any band or orchestra from the Marshall Middle School Instrumental Music Program leaves the impression that these student musicians are incredibly polished and focused for children of such a young age. Their precision is inspiring.

Such cohesion is achieved through practice, determination and discipline. It also takes a respected leader. That man is Cameron Brown, Instrumental Music Program director.

"I don't allow any unnecessary noises or nonsense to happen in the classes," he said. "The students just have a really good sense of teamwork. They want to do well for each other. ... They understand that if they don't sound good and they're not pulling their weight in the ensemble, they're also hurting other members of the ensemble because the

overall product suffers."

Brown explained that when students enter his program, they usually have two years of band or orchestra instruction, so they have a decent foundation.

"Overall, they're ready to go. They're knowledgeable and it's just refining that product over a period of time," he said. "We talk less about the basics of performance and more about the nuance of playing an instrument. How to produce the proper tones on strings or with a wind instrument. How to make music sound professional. ... We're done with the honks and squeaks from elementary school and we start focusing on the finer details of playing in an ensemble and playing your individual instrument."

The Instrumental Music Program classes include Intermediate Band, Advanced Band, Intermediate Orchestra, Advanced Orchestra and Beginning Guitar as a wheel elective. The program includes nearly 250 stu-



Cameron Brown

dents, and Brown teaches all the classes himself.

The bands and orchestras play live concerts throughout the year, including a series of evening performances attended mostly by family members. Each generally plays two festivals per year. One of these is the Scripps Ranch Band & Orchestra Festival, which will be hosted by the Marshall Instrumental Music Program on March 15 and 16.

Each will also perform during spring trips in April. The Intermediate Band and Intermediate Orchestra will perform at a school in Orange County on April 6, then spend the rest of the day at Knott's Berry Farm. The Advanced Band and Advanced Orchestra will compete in the Forum Festivals Judges Invitational in Orange County on April 13, then spend the rest of the day at Disneyland where they will attend an awards ceremony.

Funds for these trips come partially from a donation drive held at the beginning of each school year. Other fundraising includes concession sales at the evening concerts and at the Scripps Ranch Band & Orchestra Festival.

Brown, who began his teaching career in 2006, has a bachelor's degree in Music Education from San Diego State University and a master's degree from American Band College in Ashland, Oregon. He began learning to play the trumpet at age 10, started playing drums at age 12 and taught himself guitar at age 13. He became his high school's drum major. With that title came the responsibility of teaching the freshmen how to march, which turned out to be a good experience.

"I saw that I could motivate them to do well and get them working hard for one another," Brown said. "I thought ... I could turn my love of music into a career in the classroom and continue the positive experiences that I've had in music classrooms and pass that on to the next several generations."

#### Hula Palooza coming soon

It's time for Marshall Middle School's annual Hula Palooza Gala fundraiser. This Hawaiian-themed evening for parents and staff includes a hosted bar, dinner, live and silent auction items and music under the moonlight. Funds raised from Hula Palooza will directly benefit the students, teachers and programs to support the Marshall Mustang Organization's mission to promote and enhance education in academics and citizenship.

Hula Palooza will be held from 5 to 9 p.m. on Saturday, March 10, at Bernardo Winery. For tickets, visit MarshallMiddle.org

Contact Jen Marchesini for donations and sponsorship opportunities: JMarchesini@san. rr.com. Donations of wine, \$15 value and up, are still being accepted. Contact Sharon Black to arrange pickup: jasmony@ gmail.com or call (619) 846-8202.

#### Casino Night set for Feb. 24

The Dingeman Elementary School Casino Night fundraiser is scheduled for 6-10 p.m. on Saturday, Feb. 24 at Rancho Bernardo Country Club. The event includes dinner, casino aames, a deeiav and prize drawings. Family and friends are welcome. Tickets are available at dingeman.net.

#### Jerabek's Spring Fling coming up March 3

Jerabek Elementary School's Spring Fling parents' night out fundraiser is scheduled for Saturday, March 3, at the Hotel Del Coronado starting at 6 p.m. Parents may enjoy a night of gaming, dinner, dancing and both live and silent auctions with one of-a-kind auction items. Visit jerabekffo.org/ffo-programs/ spring-fling/.

#### **Innovations Academy** charter renewal

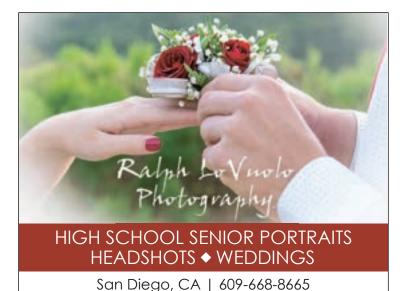
Innovations Academy made its presentation for charter renewal on Feb. 6. The public vote for approval will be held at 5 p.m. on March 6 at the school district headquarters, 4100 Normal St. The community is invited to attend to show of support for reauthorization.

#### Father-Daughter Hip-Hop Dance

Dingeman Elementary School will hold a Father-Daughter Hip Hop Dance from 6 to 8:30 p.m. on March 16. The event will include music, food and raffle prizes. Father substitutes are welcome. Tickets are available at dingeman.net.

#### Hawks Jog-A-Thon sponsorships available

Miramar Ranch Elementary School's upcoming "Wild about Running" Jog-A-Thon, set for March 20-21, is one of the year's biggest fundraisers. This year's contributions will go toward funding science, technology, engineering, art and math (STEAM) programs. Business sponsors will be recoanized with their names and logos on the back of the 2018 Jog-A-Thon T-shirt that is given to each student. Sponsor forms are due Feb. 26. Visit bit.ly/2GjYouo.



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#### Newspaper wants to recognize students, etc.

Scripps Ranch News invites its readers to send information and photos of students, teachers and school volunteers in our area of coverage who have achieved noteworthy accomplishments, have won awards, are involved in worthwhile projects or have gone above and beyond the call of duty. We are looking to recognize as many individuals as possible in each issue. Even small but important achievements are considered news.

Please send a few sentences and a photo about the person you wish to be recognized for their accomplishments and efforts. Don't forget that readers are also welcome to send information about upcoming events and activities so that we can inform the

Simply email your information and photos to john@scrippsranchnews.com.



egular season competition has ended for the winter sports teams representing Scripps Ranch High School. Players and their coaches are preparing for post-season playoffs, led by the womens varsity basketball team and the womens soccer team, both having strong seasons. Winter athletic teams also include boys soccer, boys hockey, wrestling and girls water polo. All players enjoyed action packed competition this season, providing fans with an abundance of excitement and plenty of memo-

Here is a small selection of photos from recent Falcons girls varsity basketball, boys varsity soccer and boys varsity basketball games in February.

#### Photos by Ralph LoVuolo.



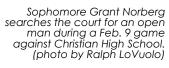
Freshman Kayla Williams drives down the court in roundball action against San Diego High on Feb. 9. (photo by Ralph LoVuolo)



Freshman Macie Kinne flies toward the basket in a 49-26 victory against San Diego High School. (photo by Ralph LoVuolo)



Scripps Ranch High senior Darius Boamah strikes the ball during a 1-3 loss to Coronado. (photo by Ralph LoVuolo)

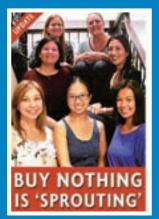




Senior Kory Miller drives to the hoop through heavy traffic in a 51-63 loss to Christian High. (photo by Ralph LoVuolo)

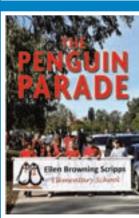


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Players on Team Jewell, the Scripps Ranch NJB Division 1 Boys champions, celebrate their tournament victory. (photo by Marilou Pennington)



Members of Team Kramer, Scripps Ranch NJB Division 1 Girls champions, pose following their final tournament victory. (photo by Marilou Pennington)

## NJB crowns basketball champions

Cripps Ranch National Junior Basketball (NJB) recently concluded league play for the 2017-2018 season.

Division 1 tournaments and championship games highlighted the end of the season. Team Kramer won the Division 1 Girls tournament championship and Team Medeiros was the Division 1 Girls runner-up. Team Jewell captured the Division 1 Boys tournament championship and Team Yue/Feldman was the Division 1 Boys runner-up. Division 1 is composed of players in seventh and eighth grades.

Scripps Ranch NJB celebrated the end of its 21st season at closing ceremonies following tournament play. More than 400 boys and girls from grades 3 through 8 participated in the league this season, as well as several high school NJB alumni who volunteered their time as coaches and junior board members.

Next, Scripps Ranch NJB All-Star teams will compete in several NJB and AAU post-season tournaments throughout March.

The NJB program is designed to introduce, teach and develop the fundamen-

tals of basketball to youth, as well as to promote good sportsmanship, teamwork and healthy competition. More than 80 percent of the eighth-grade players who are graduating from the program this season have played in NJB since the third grade when they were first eligible. Tania Kramer and Marilou Pennington are the Scripps Ranch NJB chapter directors.

Registration for the 2018-19 season will open on Sept. 1.

Formoreinformation about the league and competitive teams, email info@scrippsranchnjb.org. Visit scrippsranchnjb.org.

## SPORTS UPDATES

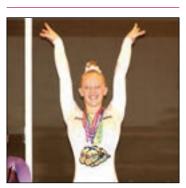
#### **SRSA Opening Day**

The Scripps Ranch Softball Association (SRSA) invites the community to attend it's Opening Day on Saturday, Feb. 24, with events stretching from 8 a.m. to 4 p.m.

Teams will be taking pictures and games will be played throughout the day. All teams will participate in a parade to show off their banners and team names.

In addition, food trucks will be on hand for hungry fans and players. SRSA will also hold raffles.

SRSA Opening Day will be held at Cypress Canyon Park, 11400 Cypress Canyon Park Drive.



Laura "Lulu" Franklin

#### **Gymnast earns top honors**

Laura "Lulu" Franklin, a 13-year-old Innovations Academy student, competed at the Gymchella Invitational Gymnastics Competition in Indian Wells, California, on Feb. 11 where she won first place all-around for Level 7. She also won first place on beam with a score of 9.5, second place on floor with a score of a 9.275 and second place on bars with a score of 9.150. Franklin is one of Poway Gymnastics' Level 7 gymnasts.

## Free soccer clinic offered to students

A free open clinic session will be hosted by the Official FCB Escola Soccer School for students who are part of the San Diego Unified School District-Area 6.

Boys and girls born between the years 2002 and 2012, between the ages of 6 and 16, are invited to register and attend this free event on Sunday, Feb. 25 at Scripps Ranch High School.

A session for boys and girls ages 6-11 will be held from 9 to 10:30 a.m. The session for boys and girls ages 12-16 will be held from 10:30 a.m. to noon.

Those in attendance should bring a water bottle, and wear athletic clothes, preferably black or white.

The Official FC Barcelona Soccer Camps offers the opportunity to experience specialized soccer training through an official partnership with one of the world's most successful soccer teams and coaches. Those attending gain access to FCBarcelona

training methods.

Questions may be emailed to sseiders@sandi.net. Register online: bit.ly/2sxbgLV

## SR Little League Opening Day set

Opening Day for Scripps Ranch Little League is scheduled for Sunday, Feb. 25 at Jerabek Neighborhood Park. Events will be held from 9 a.m. to 4 p.m., including the ceremonial Parade of Teams and Opening Pitch, a Home Run Derby, team photos and raffle drawings for prizes.

Team photos will begin at 8:30 a.m. Players and coaches are to line up for the Parade of Teams at 9:30 a.m. The Parade of Teams will begin at 10 a.m. The flag ceremony and National Anthem are scheduled for 10:30 a.m., followed by the ceremonial first pitch by San Diego County Supervisor Kristin Gaspar. Then Scripps Ranch Little League President Marcus Armstrong will deliver the official welcoming remarks.

The first raffle ticket will be drawn at 10:45 a.m. and the Home Run Derby is scheduled to begin at 11 a.m.

There will be inflatables for the kids, the snack bar will be open, and Rita's Italian Ice will be there to serve delicious frozen treats.

In addition, the San Diego Padres Pad Squad and the Friar will be in attendance.

# SDAR: January sales fall, prices remain stable

esale home transactions in San Diego County fell significantly in January from December – not uncommon for the first month of a new year, according to housing statistics compiled through the Multiple Listing Service by the Greater San Diego Association of Realtors® (SDAR).

The rush to close on home sales by Dec. 31 may have factored into the drop of 25 percent in single-family home sales in San Diego County overall, and 20 percent for attached properties (condominiums and townhomes) last month. Compared to January of last year, sold listings were down 10 percent for single-family homes, and 2 percent for condos and townhomes, according to the SDAR.

The median price of resale single-family homes in January dipped 2 percent month over month, to \$595,000, but that's up 7 percent from a year ago. The median price for attached properties was \$409,000, up slightly from December, and 9 percent higher than January of last year. Properties were closing escrow during January in an average of only 33 days.

"January is usually one of the slowest months of the year for home sales," said SDAR President Steve Fraioli. "Still, we're looking at a good number of pending sales and new listings coming onto the market, so we are optimistic as we head toward a busier spring home-hunting season."

## **Scripps Ranch**

Seven single family homes in Scripps Ranch were sold in January. The homes averaged 34 days on the market in January 2018, compared to 20 days on the market in January 2017. The median price of single family homes sold in Scripps Ranch in January was \$875,000. That's \$62,000 less than January 2017.

There were 13 attached homes (condominiums or townhomes) sold in Scripps Ranch last month. Attached homes were on the market in Scripps Ranch an average of 12 days in January 2018; 21 fewer days than January 2017. The median price of attached homes sold in Scripps Ranch in January was \$500,000. That's \$80,000 more than January 2017.

## **San Diego County**

The most expensive single-family property sold in San Diego County in January was a remodeled 1965 home on Ocean Boulevard in Coronado with 80 feet of beach frontage, 5,300 square feet, 6 bedrooms and 5 baths. The sale price was \$7.5 million.

SDAR's housing statistics are compiled monthly from the Multiple Listing Service (MLS). Here is a summary:

In January, the ZIP Codes in San Diego County with the most single-family home sales were:

| Zip<br>Code | Location           | # Sold |  |
|-------------|--------------------|--------|--|
| 92027       | Escondido East     | 40     |  |
| 92057       | Oceanside<br>North | 37     |  |
| 92021       | El Cajon           | 33     |  |
| 92028       | Fallbrook          | 33     |  |
| 92056       | Oceanside East     | 33     |  |

NOTE: The median home price is the price in which half of the homes sold for more, and half sold for less. It is a more typical price measure than average price, which can be skewed high by a relative handful of million-dollar-plus transactions.



#### **MEDIAN SALES PRICE: MONTH**

Comparing January 2018 to December 2017 (month over month)

#### Single-Family:

2 percent decrease January 2018 = \$595,000December 2017 = \$610,000

#### Condos/Townhomes:

1 percent increase January 2018 = \$409,000 December 2017 = \$405,000

#### **MEDIAN SALES PRICE: YEAR**

Comparing January 2018 to January 2017 (year over year)

#### Single-Family:

7 percent increase January 2018 = \$595,000 January 2017 = \$557,000

#### Condos/Townhomes:

9 percent increase January 2018 = \$409,000 January 2017 = \$375,000

#### TOTAL SOLD LISTINGS: MONTH

Comparing January 2018 to December 2017 (month over month)

#### Single-Family:

25 percent decrease January 2018 = 1,280 December 2017 = 1,723

#### Condos/Townhomes:

20 percent decrease January 2018 = 696December 2017 = 875

#### **TOTAL SOLD LISTINGS: YEAR**

Comparing January 2018 to January 2017 (year over year)

#### Single-Family:

10 percent decrease January 2018 = 1,280 January 2017 = 1,425

#### Condos/Townhomes:

2 percent decrease January 2018 = 696 January 2017 = 707

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## Décor to make a style statement

(StatePoint) Is your home décor starting to feel a bit stale? Spruce up your interiors with some of the hottest home design trends for 2018, from customized cozy to natural textures to retro touches.

Here are some stylish ways to incorporate new trends, from one of the nation's most sought-after celebrity interior designers, Taniya Nayak.

Create an Oasis: Make your home a tropical escape all year long. Add floral or banana leaf accents to form a staycation-worthy "at-home paradise" no matter the temperature. Nayak suggests pairing pops of metallic gold with plush greens and crisp white to build a look that is sophisticated, yet fun and exotic.

Keep it Simple: In 2018, Nayak encourages DIYers to "go big or go home ... in the simplest way imaginable." An easy way to accomplish this is to paint your baseboards, trim or window mullions a dramatic contrasting color, like black against a white wall, for an effortless, yet powerful effect. When it comes to achieving clean, sharp paint lines, one of Nayak's vital, go-to tools is a premium painter's tape, like FrogTape brand painter's tape that delivers the sharpest paint lines possible. Treated with patented PaintBlock Technology, FrogTape is a fool-proof way to get professional-looking results and eliminate the need for touch-ups.

**Incorporate Natural Touches:** This trend is all about nature's textures: think wood grain, geodes or ocean waves.



Get started on your home projects now so you can enjoy your refreshed décor all year long. (StatePoint)

One way to incorporate this look is to combine earthy tones like browns, beiges and deep blues with vibrant neon colors to generate the effect of the northern lights around the home.

**Get Back to the Future:** Give what's old a modern, futuristic update to achieve this trend. Try painting a vintage chair with a pop of color, like the Sherwin-Williams 2018 color of the year, "Oceanside," a combination of rich blue with jewel-toned green. This creates an eye-catching masterpiece that seamlessly integrates into both retro and modern home décor. Introducing bright colors to antiques produces a beautiful new spin on a classic look.

**Design it with Love:** What's "in" in home design this year? Creating warm and cozy spaces that are customized just for you. This is the true essence of DIY. Painting an accent wall in a pastel color, like lavender, will set a relaxed and comforting tone in the room. From there, add personal pieces like a soft woven blanket, a macramé wall hanging or ivory plates on a wall to transform any room to "your" room.

**Embrace New England Prep:** This style embraces the timeless combination of crisp white linens and navy blues, but what really gives a room an authentic New England vibe is the addition of camel-colored leather décor accents. Nayak recommends adding monogrammed pillows to a leather accent chair, or whitewashing your brick fireplace to create a look that never goes out of style.

Visit FrogTape.com for more trend information and inspiration.

## Expert explains the local home market

Kay Merg is an experienced, respected residential Real Estate professional in Scripps Ranch, and is the newly-elected Governor for the Women's Council of Realtors® California.

She recently took some time from her busy schedule to describe the Scripps Ranch market in San Diego and share some advice for those in the local home ownership race.

"Right now, in Scripps Ranch we are 27 percent below inventory this year from last year, which creates a very strong seller's market," she said. "That's why we have seen an over 6 percent increase in the last year for prices of homes because the low inventory has created a demand for houses."

This is a great time for those who are selling right

now, she said, adding that there are still opportunities for those who are looking to purchase a home.

"I suggest buyers who are looking to purchase, and sellers

looking to move up or move down, now is the perfect time because interest rates are starting to tick up," she explained. "The higher the interest rate, the more your mortgage on a monthly-basis will cost you. If you continue to wait and interest rates continue to go up, that just means your purchase power will be reduced.

"So, if you're looking at buying an \$800,000 home in Scripps Ranch, and you look

at what your monthly mortgage is today, and if interest



Kay Merg

up, and they are anticipated to continue to go up in 2018, then that \$800,000 home that's currently on the market is going to cost you a lot more

as time goes on." Therefore, Merg said, she is telling her buyers that interest rates are still very good at this time.

Kay Merg is the leader of The Merg Team, RE/MAX United, located at 10650 Scripps Ranch Blvd., Unit 112. She has been a residential Real Estate professional since 1998, and has sold more than 450 homes in San Diego County. Merg is also a certified Military Relocation Professional and VA-Pro specialist. Look for more from this interview in a future edition

of Scripps Ranch News.